



IN THIS ISSUE

Updated COVID Guidance

Elite Drop Backs

U112 Reminder

2022 Congresses:
New Date for R5 Congress
National Congress

IRS Mileage
Reimbursement Rate for
2022

Updated COVID Guidance for Non-National Sanctioned Events

The updated guidance for Sanctioned Events, including state and regional competitions, can be found [HERE](#).

USA Gymnastics highly recommends and encourages all sanctioned event participants and spectators to follow CDC guidelines throughout any USA Gymnastics sanctioned competition.

We remind event directors and clubs that sanctioned events are required to be conducted in a manner that is permitted by, and in compliance with, their local government guidelines.

Event Directors should communicate their specific event's facial and social distancing protocols in pre-event and on-site communication. USA Gymnastics has developed signage and flyers to help meet directors with this communication.

Further, all event directors have the authority to enforce and require measures to provide participants with a safe event environment. Specifically, event directors have the authority to:

- remove and/or disqualify any participants, clubs, coaches, athletes, judges, other sanctioned event staff, and spectators who fail or refuse to comply with local ordinances, such as non-compliance of facial covering and/or social distancing mandates.
- eliminate and/or reduce the number of spectators to maintain the appropriate social distancing protocol. Event directors should communicate all restrictions clearly to all parents/guardians and seek creative solutions for parental viewing to comply with Safe Sport requirements, such as allowing one person from each club to live stream their athletes on a private club page and/or live streaming the entire event using a third-party vendor.
- require the use of facial covering and social distancing protocols throughout a USA Gymnastics Sanctioned event, unless specifically prohibited by local regulation.

Find the complete guidelines [here](#).

Elite Drop Backs

A US Elite gymnast (an athlete who has competed as a Junior or Senior International Elite in a Classic Meet, Junior World Trials, or higher) who wants to enter the DP Program MUST petition to drop back to the DP program, regardless of the year of competition, by completing the “reason for change” form FROM HER COACH to the National DP Committee Chairman. For Information regarding Foreign Athlete (Elite or non-elite) participation in the DP, please refer to Chapter 2, page 26.

- a. All petitions must be received at least three (3) weeks prior to the Level 10 State Championships.
- b. The National DP Committee will review the petition and the Chairman will notify the coach of the acceptance/denial of the petition and will copy the respective State and Regional Administrative Committee Chairmen and the Regional Technical Committee Chairman.
- c. Accepted petitioned athletes may not re-enter the Elite/Pre-Elite Program during the Elite competitive year (through Championships of the year in which she competes Level 10).
- d. Clarification: An elite athlete dropping back into the Development Program is considered a DP athlete when she enters her first USA Gymnastics sanctioned event as a Level 10 athlete AFTER the petition has been granted.
- e. All scores obtained before the petition is granted are INVALID for qualification to State Championships and above in the current season.
- f. Any gymnast who competed at the Pre-Elite level (at a Regional or National qualifier and/or Challenge competition) may choose to compete as a Level 10 in the following season since she is considered as a Pre-Elite athlete. No petition is necessary.

Once an athlete competes in a Classic (regardless of year), she is considered an Elite level gymnast. A drop-back petition must be received for any athlete falling under these circumstances, regardless of the amount of time that has passed.

Elite Athletes are allowed to compete in DP invitationals in the Open Division, but if the intention is for her to be eligible for the DP Program in 2022, a petition must be received. Any scores achieved in an invitational before the petition is approved will be invalid so she would not be eligible to qualify to State, Regionals, Nastia Liukin Cup, etc.

REASON FOR CHANGE FORM



U112 Course Reminder for Professional Members

The deadline to take U112: Tough Coaching or Emotional Abuse: Knowing when the line has been crossed, was January 10, 2022. The following membership roles are required to have completed this course: competitive coach, organizational owner/managing director and recreational coach.

Failure to complete this course will result in your membership being placed in a pending status until the course is completed. Members with a pending status will be denied floor access to sanctioned events. Please be sure that you have completed this course to avoid any problems at competitions!



IRS Mileage Reimbursement Rate for 2022

The Internal Revenue Service today issued the 2022 optional standard mileage rates used to calculate the deductible costs of operating an automobile for business,

Beginning on January 1, 2022, the standard mileage rates for the use of a car (also vans, pickups or panel trucks) will be:

- 58.5 cents per mile driven for business use
- (up 2.5 cents from the rate for 2021)

The standard mileage rate for business use is based on an annual study of the fixed and variable costs of operating an automobile. The rate for medical and moving purposes is based on the variable costs.

2022 Congresses

New Date for Region 5 Congress & Awards Banquet

The Region 5 Congress and Awards Banquet will now be held on July 22-24, 2022 at the DeVos Place in Grand Rapids, Michigan. We are looking forward to having a great turn out! Tickets for the Region 5 Awards Banquet, held in conjunction with Region 5 Congress, will be available for purchase at a later date.

Register for Region 5 Congress [here](#).

National Congress & Trade Show

The Tampa Convention Center in Tampa, Florida will host the 2022 USA Gymnastics National Congress and Trade Show, August 18-21.

Held in conjunction with the 2022 U.S. Gymnastics Championships, attendees will have a unique opportunity to experience the highest level of education and competitive excellence all in one location!

This year's event will provide gymnastics professionals around the country with the opportunity to attend live educational presentations, and live demonstrations, on a variety of topics, including coaching, judging, business, preschool, school-age/recreational, sports science, fitness, safe sport, and more.

Attendees will also receive admittance to the Trade Show Hall, where they can visit vendor booths that provide goods and services specific to the gymnastics community.

Registration for individuals and member clubs is open now. Register by April 13th to take advantage of Early Bird pricing.

More information and registration can be found [here](#).

