



### IN THIS ISSUE

**Season Review:**  
Level 10 Dev Nationals  
Level 9 Eastern Nationals  
Level 6, 7 & 8 Regionals

**R5 All Star Team  
Announcement**

**Region 5 Congress & Banquet**

**Region 5 Training Camp Dates**

**2022 Region 5 Hall of Fame  
Inductees**



DEVELOPMENT PROGRAM  
**NATIONAL CHAMPIONSHIPS**  
MEN'S & WOMEN'S ARTISTIC GYMNASTICS  
**SUPER TEAM Results**

- Region 1-84
- Region 5-70**
- Region 8-61
- Region 3-60
- Region 7-56
- Region 4-47
- Region 2-31
- Region 6-23

## LEVEL 10 NATIONALS SUPER TEAM RESULTS

## Level 10 Nationals Results

### CONGRATULATIONS

*to our Region 5 Level 10 National Champions!*

#### ALL AROUND

Nikki Smith - Euro Stars (MI)  
Faith Torrez - Legacy Elite (IL)

#### DEV NATIONAL TEAM MEMBERS

Darielis Aviles - Cincinnati Gymnastics (OH)  
Olivia Coppola - Cincinnati Gymnastics (OH)  
Lili Cosman - Capital City Flips (MI)  
Railey Jackson - GymNasti (IL)  
Sarah Moraw - Champion USA (MI)  
Hannah Scheible - All American Flames (MI)  
Nikki Smith - Euro Stars (MI)  
Kaia Tanskanen - Michigan Elite (MI)  
Faith Torrez - Legacy Elite (IL)



### CONGRATULATIONS

*to our Region 5 Level 10 National Champions!*

#### VAULT

Sarah Moraw - Champion USA (MI)  
Nikki Smith - Euro Stars (MI)

#### BARS

Railey Jackson - GymNasti (IL)  
Nikki Smith - Euro Stars (MI)  
Bailey Stroud - JPAC (IN)  
Kelsey Woolford - Buckeye (OH)

#### BEAM

Kennedy Griffin - Five Star (OH)  
Sydney Jelen - Legacy Elite (IL)  
Nikki Smith - Euro Stars (MI)  
Hannah Scheible - All American Flames (MI)  
Faith Torrez - Legacy Elite (IL)  
Grace Walker - Integrity (OH)



# Level 9 Eastern Nationals Results

**CONGRATULATIONS**  
to our Region 5 Level 9 Eastern National Champions!

**ALL AROUND**

Brooke Maycroft - Fluent In Technique (MI)  
Avery Moll - DMGC ( OH)  
Maeve Ruble - Perfection (OH)  
Alexis Schulman - Cincinnati Gymnastics (OH)  
Cameron Tassone - IK Gymnastics (IL)  
Grace Teschendorf - Hunts Gymnastics (MI)  
Samantha Towers - Michigan Academy of Gymnastics (MI)  
Claire Wood - Universal (OH)

**VAULT**

Sophia Banky - Buckeye Gymnastics (OH)  
Sydney Gibson - Lake Erie Gymnastics (OH)  
Arianna Goodwin - Aerial Gymnastics (IL)  
Gabi Larson - Flip Star (IL)  
Reagan McCarty - Flip Star (IL)  
Avery Moll - DMGC (OH)  
Abby Sutter - R-Athletics (MI)  
Claire Wood - Universal (OH)



**CONGRATULATIONS**  
to our Region 5 Level 9 Eastern National Champions!

**BARS**

Alayna Boumans - Premier West (IL)  
Anika Most - Capital City Flips (MI)  
Kadyn Swank - Gym X-treme (OH)  
Cameron Tassone - IK Gymnastics (IL)  
Erin Wilbanks - Michigan Elite (MI)

**BEAM**

Sophia Caliendo - Signature Gymnastics Academy (IL)  
Kaitlyn Morgan - Gymnastics Etc. (IL)  
Addison Reiser - GTC (IN)  
Alexis Schulman - Cincinnati Gymnastics (OH)  
Samantha Towers - Michigan Academy of Gymnastics (MI)  
Mileah Yost - Cincinnati Gymnastics (OH)

**FLOOR**

Sydney Gibson - Lake Erie Gymnastics (OH)  
Lindsay Girard - Hunts Gymnastics (MI)  
Arianna Goodwin - Aerial (IL)



## LEVEL 9 EASTERNS SUPER TEAM RESULTS



## Region 5 Judges at Level 9 Easterns & Level 10 Nationals

Congratulations to our Region 5 judges who were selected to judge at Level 9 Easterns and at Level 10 Nationals!



Level 10 Nationals Judges from left to right: Connie Maloney, Sue Kane, Linda McDonald, Debbie Campbell, and Kathleen Edwards.

Level 9 Easterns Judges (not pictured): Heather Forbes, Ruth Hanna, Barb Giulivo and Kim Riley.

## LEVEL 6-8 REGIONALS SUPER TEAM RESULTS

### LEVEL 6 SUPER TEAM RESULTS

**1st Place**  
**OHIO**  
26 points

**2nd Place**  
**MICHIGAN**  
25 points

**3rd Place**  
**ILLINOIS**  
19 points

**4th Place**  
**KENTUCKY**  
10 points

**5th Place**  
**INDIANA**  
7 points



### LEVEL 7 SUPER TEAM RESULTS

**1st Place**  
**OHIO**  
41 points

**2nd Place**  
**MICHIGAN**  
33 points

**3rd Place**  
**ILLINOIS**  
32 points

**4th Place**  
**INDIANA**  
16 points

**5th Place**  
**KENTUCKY**  
1 point



### LEVEL 8 SUPER TEAM RESULTS

**1st Place**  
**OHIO**  
40 points

**2nd Place (T)**  
**MICHIGAN & INDIANA**  
24 points

**4th Place**  
**ILLINOIS**  
23 points

**5th Place**  
**KENTUCKY**  
5 points



## Region 5 All Star Team

We are very excited to announce the 2022 Region 5 All Star team! Congratulations to the athletes, coaches and parents on this prestigious achievement. Making the top 12 Dev National spots is quite an accomplishment especially in our highly talented region!

On behalf of the Region 5 Committee we want to congratulate all of you for an outstanding national championships competition. You have shown strength, power and grace with confidence and represented **Region 5 FEARLESSLY!**

### Region 5 All Star Team (In Rank Order)

Name	Gym	Age Group	Regional	National	Total
1-Hannah Scheible	MI - All Am Flame	Jr F	38.875	38.575	77.45
2-Kaia Tanskanen	MI - MEGA	Sr B	38.350	38.475	76.825
3-Ady Wahl	OH - Zanesville	Sr B	38.550	38.250	76.800
4-Railey Jackson	IL - CymNasti	Jr D	38.375	38.400	76.775
5-Makayla Tucker	IN - DeVeau's	Sr D	38.275	38.475	76.750
6-Olivia Coppola	OH - Cincinnati	Sr B	38.375	38.350	76.725
7-Taylor DeVries	IL - Legacy Elite	Sr A	38.500	37.950	76.450
8-Bailey Stroud	IN - JPAC	Jr C	38.200	38.225	76.425
9-Isabella Trostel	OH - Buckeye	Sr B	38.100	38.000	76.100
10-Reese Samuelson	IL - Phenom	Sr C	37.975	38.100	76.075
11-Sydney Jelen	IL - Legacy Elite	Sr A	38.075	37.975	76.050
12-Natalie Martin	OH - Buckeye	Sr B	38.375	37.650	76.025

### Alternates (In Rank Order)

These athletes may be used if one or more of the above athletes cannot attend .

13-Katherine Shackelford	OH - Cincinnati	Jr C	38.125	37.850	75.975
14-Isabel Biro	OH - Queen City	Jr C	37.900	38.050	75.950
15-Addison Sarisky	OH - Olympic Dreams	Jr B	37.975	37.950	75.925

# Region 5 Congress: Bring Your Whole Staff & Register Today!

Now that the competition season is over, it's time to plan for summer. Make sure that getting your staff to Region 5 Congress is top of your list of things to do. We've lined up an amazing list of presenters that are sure to help educate your entire staff.

Presenters include:

- Mike Hunger
- Lindsey Stancil
- Sarah Korngold
- Tom Koll
- Steve Greeley
- Beth Gardner



And many, many more! Click [here](#) to see the entire schedule and seminar topics.

The hands-on spotting session on Sunday will be an excellent opportunity to get sharpen the skill of your staff. Be sure to get registered and get your hotels booked today!

## W200: Developmental Coaches Course Offered in Conjunction with Congress

We are excited to offer a live, hands-on course on Thursday, July 21st in conjunction with Congress. The W200: Developmental Coaches Course is a live, six-hour, hands-on training course designed for Levels 3-5 coaches. Course topics include drills and skill progressions on each event, lesson planning and hands-on spotting. This is a great hands-on experience of drills and skill progression with instructors demonstrating. The W200 participants are able to see the progressions of each skill presented LIVE and have a great understanding of how to teach and break down the skills.

Space is limited so be sure to [register](#) today!



USA GYMNASTICS®

REGIONAL CONGRESS

## 2022 Region 5 Training Camp Dates

### HOT SHOT & TOPS

July 15 - 17

Location TBD

### FORWARD MOMENTUM

August 5-7

August 12-14

Locations TBD

### LEVEL 9 HIGH TECH & HIGH PERFORMANCE

September 9-11

Location TBD

### LEVEL 10 HIGH TECH & HIGH PERFORMANCE

October 7-9

Location TBD

# 2022 Region 5 Hall of Fame Inductees Announced

Congratulations to the 2022 Region 5 Hall of Fame inductees Char Christensen, Nina Dent, and Betty Okino. Inductees will be honored at the Region 5 Banquet that will be held in Grand Rapids, MI on Friday, July 22nd in conjunction with Region 5 Congress.

Tickets are \$65 per person. [Purchase tickets here.](#)



Char Christensen



Nina Dent



Betty Okino