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## Level 10 DP Nationals Wildcard Qualification

New in 2022, USA Gymnastics is introducing a Wildcard session, which has the potential to include 22 additional athletes per region. This new opportunity, developed and introduced by former R5 coach, Brett Wargo, will give more athletes the opportunity to participate at a national level.

The athletes with the top 2 AA scores, regardless of age group, that are not in the top 7 in their age group or competing for another region will qualify to compete in the Wildcard session on Friday evening. These athletes may be alternates for their age group.

In addition, the top 5 athletes, regardless of age group, on each event that did not qualify in the all around and scored at least a 9.3 will also qualify to compete on that event in the Wildcard session on Friday evening. Athletes may qualify on more than one event.

If an athlete declines her spot or scratches due to illness or injury, the spot is vacated; i.e. the number 6 athlete would NOT move into a qualifying position.

There will be a "running list" after each session at regionals of provisional qualifiers. Provisional qualifiers, their parent(s), and coach(es) will need to stay for the DP Nationals meeting and apparel sizing if you are accepting the spot. Provisional qualifiers will be sized only. At the end of all level 10 sessions, qualifiers will be determined and coaches will be notified of final qualifiers. Apparel will be sent to to each qualifier. If you have any questions, please let us know. We are excited about this new opportunity for our athletes!

# State Rules & Deadlines

We are at the point in the competition season where it pays to be sure that you know and understand your state's competition entry deadlines and competition rules. A few things to be sure that you know and understand are your:

- State Meet Qualification Procedures
- State Meet Entry Deadlines
- Program Declaration Dates
- Level Declaration Dates

This information can generally be found in your state's Rules & Policies document or on your state website. If you have questions regarding these dates or procedures, please contact your appropriate state representative.

# Region 5 Congress Registration Is Open

Registration is open for Region 5 Congress which will be held on July 22-24, 2022 at the DeVos Place in Grand Rapids, Michigan.

The 2022 Region 5 Congress offers Early Bird and Member Club Group pricing. Early bird pricing is available until March 23, 2022.

Tickets for the Region 5 Awards Banquet, held in conjunction with Region 5 Congress, will be available for purchase at a later date.

Register for Region 5 Congress [here](#).

# Call for Nominations for State Administrative Committee Chairpersons

Nominations for State Committee Chairpersons will begin on March 1, 2022. All nominations must be submitted via email to Patrick Jordan, RACC before April 1st.

The nomination form and criteria for nominations can be found on the Region 5 website (About Us/Forms/Elections) [here](#).



## STATE WEBSITE LINKS

[Illinois](#)  
[Indiana](#)  
[Kentucky](#)  
[Michigan](#)  
[Ohio](#)



## MARCH

- **1st**  
State Administrative Committee Chair (SACC) Nominations Begin
- **23rd**  
Region 5 Congress Early bird pricing ends

## JULY

- **22nd-24th**  
Region 5 Congress & Awards Banquet

## AUGUST

- **18th -21st**  
National Congress & Trade Show



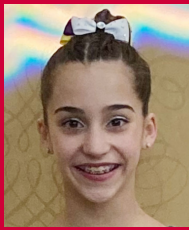
## Region 5 Elites Set to Compete at Winter Cup

2021 Winter Cup junior all-around champion Ella Kate Parker (Cincinnati Gymnastics) will looking to defend her title at the Winter Cup on Saturday, February 26th. Parker will be joined by fellow Region 5 and Junior National Team member Gabby Van Frayen (Gym X-Treme).

Congratulations and good luck athletes and coaches!



Parker



Van Frayen

## How to Watch

Live coverage begins Friday, February 25 on Peacock with the Nastia Liukin Cup from 2:30-5 p.m. ET.

Podium training for each Winter Cup division, as well as the Nastia Liukin Cup will be livestreamed free on USA Gymnastics' [YouTube channel](#). The podium training schedule is available below.

- Nastia Liukin Cup – Thursday, February 24, 11:30 a.m. – 2 p.m. ET: [WATCH](#)
- Winter Cup senior women – Friday, February 25, 10 a.m. – noon ET: [WATCH](#)
- Winter Cup junior women – Saturday, February 26, 8:30-11 a.m. ET: [WATCH](#)

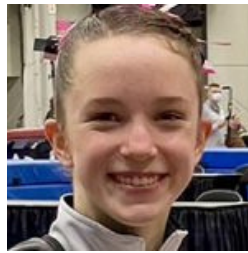
# R5 Nastia Liukin Cup Qualifiers

Nine Region 5 gymnasts have qualified to compete in the 2022 Nastia Liukin Cup on Friday, February 25th in Frisco, Texas. In total, 40 athletes - 20 juniors and 20 seniors - will compete.

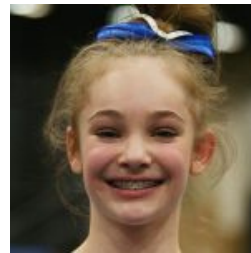
Nastia Liukin Cup participants are determined based on performances in a series of invitationals held in the weeks preceding the competition.

This year's Nastia Liukin Cup is being held in conjunction with the 2022 Winter Cup and Elite Team Cup and will air live on NBC's Peacock. Information on how to watch is to the left.

Below are the qualifiers from Region 5. Congratulations and good luck to all athletes and coaches!



**Isabel Biro**  
Queen City  
Ohio



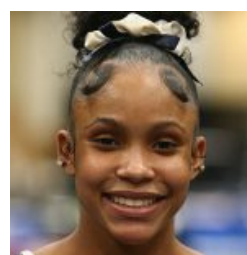
**Clancy Conley**  
Legacy Elite  
Illinois



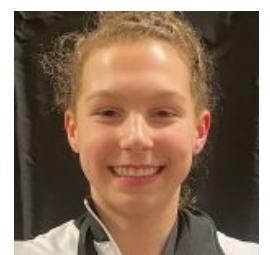
**Lucie Kirchner**  
JPAC  
Indiana



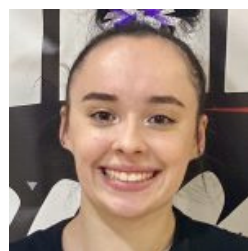
**Hannah Scheible**  
All American Flames  
Michigan



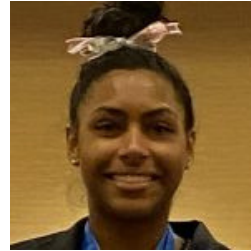
**Nikki Smith**  
Euro Stars  
Michigan



**Bailey Stroud**  
JPAC  
Indiana



**Faith Torrez**  
Legacy Elite  
Illinois



**Makayla Tucker**  
DeVeau's  
Indiana



**Carly Weinberg**  
Buckeye  
Ohio