



# 2026 LEVEL 9-10 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

Friday, April 10th

## **SESSION 1** **LEVEL 10**

*Senior A (26), Senior D (17),  
Senior E (16)*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Competition Begins	8:45 AM
Awards	11:30 AM

## **SESSION 2** **LEVEL 10**

*Junior B (12), Senior C (25),  
Senior F (25)*

General Stretch	11:40 AM
Introductions	12:00 PM
Timed Warm Up	12:10 PM
Competition Begins	12:28 PM
Awards	3:30 PM

## **SESSION 3** **LEVEL 10**

*Junior C (14), Junior F (21),  
Senior B (24)*

General Stretch	3:15 PM
Introductions	3:35 PM
Timed Warm Up	3:45 PM
Competition Begins	4:00 PM
Awards	6:45 PM

## **SESSION 4** **LEVEL 10**

*Junior A (12), Junior D (21),  
Junior E (23)*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Competition Begins	7:15 PM
Awards	9:45 PM



# 2026 LEVEL 9-10 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

Saturday, April 11th

## **SESSION 5** **LEVEL 9**

*Senior 6 (22), Senior 8 (38)*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Competition Begins	8:45 AM
Awards	11:15 AM

## **SESSION 6** **LEVEL 9**

*Junior 7 (17), Senior 1 (27),  
Senior 2 (17)*

General Stretch	11:25 AM
Introductions	11:45 AM
Timed Warm Up	11:55 AM
Competition Begins	12:10 PM
Awards	3:00 PM

## **SESSION 7** **LEVEL 9**

*Junior 8 (18), Senior 3 (14),  
Senior 7 (27)*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Competition Begins	3:45 PM
Awards	6:30 PM

## **SESSION 8** **LEVEL 9**

*Junior 6 (23), Senior 4 (24)*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Competition Begins	7:15 PM
Awards	9:30 PM



# 2026 LEVEL 9-10 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

Sunday, April 12th

## **SESSION 9** **LEVEL 9**

*Junior 1 (16), Junior 2 (18),  
Junior 5 (13), Senior 5 (12)*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Competition Begins	8:42 AM
Awards	11:25 AM

## **SESSION 10** **LEVEL 9**

*Junior 3 (22), Junior 4 (19)*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Competition Begins	12:10 PM
Awards	2:10 PM

**2026 AGE DIVISIONS – LEVEL 10  
ALL REGIONS**



**REGIONAL & NATIONAL CHAMPIONSHIPS**

**JUNIOR AGE DIVISIONS**

		<b>Start</b>	<b>End</b>
<b>Junior A</b>	<b>JR A</b>	1/1/17*	11/5/11
<b>Junior B</b>	<b>JR B</b>	11/4/11	2/24/11
<b>Junior C</b>	<b>JR C</b>	2/23/11	8/25/10
<b>Junior D</b>	<b>JR D</b>	8/24/10	3/28/10
<b>Junior E</b>	<b>JR E</b>	3/27/10	10/22/09
<b>Junior F</b>	<b>JR F</b>	10/21/09	6/11/09

*\*Athletes must be a minimum of 9 yrs. to compete in any Level 10 competition.*

**SENIOR AGE DIVISIONS**

		<b>Start</b>	<b>End</b>
<b>Senior A</b>	<b>SRA</b>	6/10/09	3/1/09
<b>Senior B</b>	<b>SRB</b>	2/28/09	11/9/08
<b>Senior C</b>	<b>SRC</b>	11/8/08	7/29/08
<b>Senior D</b>	<b>SRD</b>	7/28/08	4/8/08
<b>Senior E</b>	<b>SRE</b>	4/7/08	12/15/07
<b>Senior F</b>	<b>SRF</b>	12/14/07	and prior

## 2026 AGE DIVISIONS - LEVEL 9

Regions 5, 6, 7, 8



Women's Artistic

## REGIONAL & EASTERN CHAMPIONSHIPS

### JUNIOR AGE DIVISIONS

		Start	End
Junior 1	JR1	1/1/18*	10/1/13
Junior 2	JR2	9/30/13	2/18/13
Junior 3	JR3	2/17/13	8/17/12
Junior 4	JR4	8/16/12	4/19/12
Junior 5	JR5	4/18/12	12/22/11
Junior 6	JR6	12/21/11	9/9/11
Junior 7	JR7	9/8/11	6/8/11
Junior 8	JR8	6/7/11	2/6/11

*\*Athletes must be a minimum of 8 yrs. to compete in any Level 9 competition.*

### SENIOR AGE DIVISIONS

		Start	End
Senior 1	SR1	2/5/11	11/9/10
Senior 2	SR2	11/8/10	7/19/10
Senior 3	SR3	7/18/10	4/28/10
Senior 4	SR4	4/27/10	11/26/09
Senior 5	SR5	11/25/09	8/1/09
Senior 6	SR6	7/31/09	3/18/09
Senior 7	SR7	3/17/09	7/23/08
Senior 8	SR8	7/22/08	and prior