

General Stretch -- 10:40 AM

30-Minute Rotations Begin -- 11:10 AM

Training Ends -- 1:10 PM

GYM A Jr & Sr 1,3,5,7		
VAULT		
Gregory	BIG	JR 1
Gentile	BIG	SR 1
Mathey	BIG	SR 2
Strayer	Flying High	SR 5
Peterson	GTC-Rochester	SR 1
Cui	Gym X-Treme	JR 1
Ongaro	Gym X-Treme	JR 3
VanGundy	Gym X-Treme	JR 7
Frazee	Gym X-Treme	SR 5
Deis	Gym X-Treme	SR 7

BARS		
Sutton	Buckeye	JR 3
Boyd	Buckeye	SR 7
McMurtrie	Euro Stars	JR 3
Lee	Euro Stars	JR 5
James	Euro Stars	JR 6 ALT
Martin	TFZ	JR 7
Ven	TFZ	JR 7
Garrett	TFZ	JR 8
Henry	TFZ	SR 1
Lam	TFZ	SR 2

BEAM		
Sharp	CC Flips	SR 3
Baulovic	CGA	JR 1
Holthaus	CGA	JR 1
Lanterman	CGA	JR 1
Bazan	FlipStar	JR 5
Kissane	FlipStar	SR 1
Alexander	Mid Michigan	JR 3
Aguayo	Naperville	SR 1
Snider	Hocking Valley	SR 5
Milano	Pinnacle	SR 7

FLOOR		
McCullough	Champion OH	JR 5 ALT
Crespo	Indiana Elite	JR 1
Alion	Michigan Elite	JR 7
Rashwan	Michigan Elite	JR 7 ALT
Kash	Michigan Elite	SR 5
Brzezinski	Michigan Elite	SR 8 ALT
Leofanti	Premier West	JR 5
Rubin	Prestige	JR 7
Nudera	SCGA	JR 3
Hiller	The Dance Refinery	SR 3

GYM B Jr and Sr 2,4,6,8		
BEAM		
Bemiss	All American Flames	SR 6
Bentley	Branch	JR 4
Ogbe	Champion KY	SR 2
Owen	Champion KY	SR 4
Mitchell	Gym X-Treme	JR 2
Thompson	Gym X-Treme	JR 4
Freeman	Lake Erie	JR 6
Uddin	Tops Gymnastics	SR 5
McCluney	Universal	JR 2
Bennett	Universal	SR 8

FLOOR		
Markelzow	CLGTC	SR 4
Cohn	CLGTC	SR 4
Viele	Deveau's	JR 6
Rich	Fusion	SR 3
Gora	Fusion	SR 4
Whitlow	Gateway Elite	JR 6
Fitzsimonds	Great Lakes Elite	SR 6
Witzerman	GTC - Ohio	SR 6
Genet	Perfect Balance	SR 3 ALT

VAULT		
Vanderploeg	CC Flips	JR 8
Crotteau	CC Flips	SR 2
Arvay	CGA	JR 4
Guenther	Gymnastics Michiana	SR 2
Betzer	Gymnastics Michiana	SR 8
Weiderman	Mid Michigan	JR 2
Davenport	Perfection	SR 2
Edwards	Performance	JR 2 ALT
Jehl	PGC	JR 4
Park	Viking	JR 6

BARS		
Tuladziecki	Hunts	JR 2
Ticconi	Hunts	JR 4
Wright	Hunts	JR 8
Whitman	Power in Motion	SR 2 ALT
Murdough	SCGA	JR 6
Lachajczyk	SCGA	SR 6
Sheeley	The Zone Athletic Center	SR 4
Tamasovich	Zanesville	JR 4
King	Zanesville	JR 5