

REGION 5 ALL-STAR TEAM SELECTION CRITERION

1) **PURPOSE-** The purpose of the Region 5 All-Star team is multidimensional. Some of the reasons for it's existence are.... to recognize and reward our top Junior Olympic and Elite level athletes for their uncompromising devotion to our sport and our region.....to provide experiences designed to enhance the future growth of these athletes.....to provide the coaches of these athletes with experiences designed to enhance their professional growth in our sport..... to spread and nurture a common bond and to establish a "team Spirit" within our region.... and to provide a vehicle from which regional pride can be fostered and delivered.

2) **GOALS-** The goals of the Region 5 board as related to the athletes and coaches and their qualification to the Region 5 All-Star Team are to recognize our top athletes at our annual mini congress banquet. Recognition may take on many forms, but a few words about the accomplishments of the athletes, a video presentation and an awards plaque have been used as the normal procedure in the past. In short we want the athletes within our region to feel special and to believe that Region 5 is the very best place in the country to achieve gymnastics goals.

The regional board also wishes to provide an international assignment designed to give experience, international exposure and to enhance regional pride. This assignment will usually be scheduled in mid to late fall so as not to interfere with the normal USAG competitive seasons.

3) **FUNDING-** The international assignment is to be funded by an allocated amount determined by the regional board. These funds will come from the Region 5 Apparel Fund. Only the qualified athletes will receive financial assistance from this allocated budget

The fund will pay for 1) athletes air and transportation 2) athletes lodging at the competition itself 3) the entry fees for the competition 4) delegation gifts for the host organization of the international event.

The allocated budget for the international assignment will be determined based on the financial stability of the Apparel Fund in any given year. The budget will be reviewed each year at the summer board meeting.

4) **CRITERION-**

The following criterion is to be published periodically in the state and or regional newsletters. This material is vitally important and should be made readily available to our membership in Region 5.

The top 8 Junior Olympic, the top 2 Junior International and the top 2 Senior International Elite athletes, based on the following criterion will be named to the Region 5 All-star Team.

1) Athletes must have qualified to their respective national championship event. No petitions will be allowed. **NEW-** This means Championships of the USA for Elite athletes and Level 10 J.O. Nationals for the J.O. athletes.

2) **INTERNATIONAL ELITE** rankings will be taken from the Championships of the USA, (top 2 junior international elites and top 2 senior international elites). Those elites that qualify to the USA National Team and All Star Team and a) have pending international assignments or b) have had USA international assignments in the past will be named to the **ALL STAR TEAM** but will be ineligible for the **ALL STAR TEAM TRIP**. This is due to the conflicts in scheduling and the priority that must be placed on **USA NATIONAL TEAM COMPETITIONS** for **USA GYMNASTICS**.

Elites that qualify to US Classic, American Classic OR Championships (and don't make the All Star Team) may submit 3 All Around Scores for ranking purposes for the remaining J.O. spots. Elites must use the same criterion as used by J.O. athletes for submitting scores (see criterion listed under JUNIOR OLYMPIC #3 less the requirement that states that the regional or national meet score must be used).

3) JUNIOR OLYMPIC rankings will be taken from averaging the top 4 all around scores for the current competitive season.

A) An athlete may only use USAG sanctioned scores (AAU, USAIGC and High School scores would not count)

B) They may use only 1 home meet score, provided there are at least 2 additional level 10 teams present, ("HOME MEETS" do not include states regionals and nationals) (a team consists of 3 or more members). In the case when a club hosts MORE THAN ONE HOME MEET, the club must designate which competition is to be used for potential all star team scores. (This is to eliminate the possibility of hosting meets until you get the scores needed to qualify to the all star team). It will be assumed that the FIRST HOSTED MEET will be used for All Star team scores UNLESS the club declares in WRITING to the JOPC prior to the date of the FIRST MEET that they want to designate the SECOND MEET as their choice.

C) They may only use 1 all around score per meet (i.e. meets that have prelims and finals) This rule is used to avoid "getting lucky" with overly friendly evaluations that certain meets may have, and to avoid having those scores count as 50% of your All-Star team qualification criterion.

D) All qualification scores must be achieved prior to the conclusion of level 10 nationals. (this is to eliminate the possibility of hosting meets post season with the sole purpose of creating a better all star team score average)

E) Scores, in the form of official meet results must be submitted no later than July 1 (late entries will not be accepted).

F) Scores must include either regional championships or national championships AA score. (this is to provide an equal playing field for all candidates for a minimum of 25% of the submitted scores).

4) Athletes must attend one of the 4 regional training camps responsible for funding the international assignment. These camps include SUPER CAMP, HOT SHOT CAMP, Hi TECH CAMP and FORWARD PROGRESS CAMP. This displays support for the regional activities and it is the presence of our top athletes at these training camps that truly provide the camps with credibility and substance..... In other words others learn from watching what and how the "best" are doing things.

5) An athlete must have been an active member within our region for 1 year.

REGION 5 ALL-STAR TEAM

INTERNATIONAL ASSIGNMENT CONDUCT GUIDELINES

- 1) The purpose of the international assignment is to provide a reward system for our athletes and coaches and judges for their dedication and contributions to the sport of gymnastics in our region. Although personal goals and objectives are always important, the overwhelming theme behind our international experiences will be REGION 5 FIRST.
- 2) All Team members, coaches and judges are to participate in accordance with the REGION 5 FIRST THEME. Taking and maintaining this TEAM approach will help insure that the event will be a positive experience as possible.
- 3) Anytime that you put a large group of people together in any endeavor.... you will encounter differences of opinion. Differences of opinion should be dealt with professionally in open team meetings. Should a solution not be agreeable there needs to be a place where the "buck stops". In these cases the decision rests with the delegation leader(s).
- 4) On site travel plans, itinerary items should be discussed as a group but once again the final agenda will be determined by the delegation leader(s).
- 5) Region 5 Team apparel and coaching apparel should be worn when appropriate..... training sessions, airports, competitions etc.
- 6) In the event of finals.... it has been the position of the region to get as many Region 5 athletes exposure to international finals as possible. Therefore if we can get more region 5 athletes into finals by scratching someone who has qualified on multiple events then that is what should be done.
- 7) Workout times, structure, format, rotation times etc will be set at a team meeting with the final decision being announced by the delegation leader. Once again should there be differences of opinion, the delegation leader has the final say and all members of the delegation are expected to adhere to those decisions.
- 8) Attending parents should remember that the experience is for regional bonding and NOT a family vacation. Parents may attend, but should realize that all decision regarding itinerary and related activities are decided by the attending coaching staff. Attending parents must make their own travel arrangements outside of the delegation. Parents may not separate their child from the group for any reason.