

# ILLINOIS USAG NEWSLETTER

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## Inside this Newsletter

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### MAIL NEWSLETTER ITEMS TO:

Teresa Millmore  
402 Olympia Dr.  
Bloomington, IL 61704  
(309)663-8413  
(309)663-8350 fax  
tmillmore@aol.com

The newsletter will be published when we have enough information to be sent out.

## ADVERTISING IN THE USAG NEWSLETTER

### Rates for advertising

- 1/4 page \$20
- 1/2 page \$30
- 3/4 page \$40
- full page \$50

You may advertise for your upcoming meets. We do not accept advertisements from clubs wanting a new coach. We do accept coaches' applications looking for a job though.

Payable to IL-WPC

**VISIT THE ILLINOIS WEB PAGE AT**  
**[www.Region5/Illinois.com](http://www.Region5/Illinois.com)**

State Congress will be July 8-11, 2004.  
Mark your calendars now so you may join us for a fun filled learning experience.

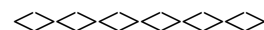
Jeanne Johnson has a new email address:

Char Christensen has a new fax number:  
(614)844-5780

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Hilary had a compliment from an out of state judges (at Valentine's meet - Loree Galimore) on the respect judges and coaches show each other in Illinois. This past weekend at level 6 State all coaches worked together - setting bars, cheering for others teams girls, etc. Way to go Illinois!

Erna Wachtel Scholarship Nomination Forms need to be in by March 5<sup>th</sup>. We are very sorry for the short notice. The forms are in this newsletter.



All Senior Athletes should fill out a senior profile and return to Randy Peebles before their respective state meet. We do not want to miss any seniors during the senior award presentations at the state meets. Form is enclosed in this newsletter.

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Level 4 can not have a sting mat on the vaulting board. They may put a sting mat in front of the board but it cannot be on the board.

Regional meet information is in Norberts Notes.

Best of Luck to all at State,

Regionals and Nationals.

# Illinois USA Women's Gymnastics Newsletter

## February 04

Region5.com/Illinois



### State Series 2003-04-

- Level 4, 5 State March 6, 7 2004
  - North West GymNasti, @ Pheasant Run
  - North East GymNasti awarded after no
  - South Quincy Gymnastics @
- Level 6 State February 28, 29, 2004 host **Oswego @ Oswego HS**
- Level 7 State March 20<sup>th</sup>, 22<sup>th</sup>, 23<sup>th</sup> 2004 host **EnerGym @ NIU Recreation Center**
- Level 8 State March 27<sup>th</sup>, 28<sup>th</sup> 2004 Host American Academy @ Stevenson HS
- Level 9, 10 State March 13<sup>th</sup>, 14<sup>th</sup> 2003 host **Champaign YMCA @ Huff Gym U of**



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- Please review the entry deadlines on the website or on the Illinois Stat Series Summery Form in former Newsletters

**ATTENTION USAG PROFESSIONAL MEMBERS:** Sign up now for the Illinois USAG newsletter via email! Or breaking news

If you have a current USAG pro number, you are eligible to receive the newsletter in your email right when it comes out . [Sign up now](#) visit the Website and Sign up

**Illinois "Partners in Gymnastics" July 8<sup>th</sup> – 11<sup>th</sup>** (Cyndi Zimmerman, Partners In Gymnastics Chairman)

- λ Please plan on attending. We are arranging for some very exciting guest speakers.
  - More on who will come later so please keep your eyes open
  - Awards Banquet for all
    - Senior Athletes
    - National qualifiers
    - More
  - State Training Camps



**Injury Petition.** Please review the procedures for Injury petition for both the state Series and the Regional Meets

Quick over view

### **State injury petitions requests must**

- ☆ Include Form found on line or on the CD that your Club requested
- ☆ Doctors Note with release
- ☆ Copy of Score Sheet. Scores can be now found on Line for all meets in Illinois (thank you Cyndi Zimmerman)
- ☆ Must be in hand 3 days after last qualifying weekend to State Chairman, Illinois Junior Olympic Chairman, Level Chair

### **Regional Injury petitions requests must**

- ☆ Include Regional Injury report Form found on Line or CD

- ☆ Doctors Note with release
- ☆ Copy of Score sheet. Scores can be now found on Line for all meets in Illinois (thank you Cyndi Zimmerman)
- ☆ Must be in hand 3 days after State meet to Hilary Carlson, State Chair, Illinois Junior Olympic Chair, Level Chair

**Senior Athletes** Please fill out the form included or find it on Line and submit to the Junior Olympic Chair. We would like to recognize **our graduating seniors at their State meets**. We would really hate to leave one out during the announcements and the presentation of an award. Every year there is one or 2 that are forgotten simply because the coaches failed to make the athletes aware of this. Please help us out  
Thanks

**Meet Scheduling meeting** ***Meet Directors Second request so far I have heard from 1 club***

I would like to get your input on next years meet scheduling procedure. This years (July 03) meeting presented us with a solution from last seasons meeting problems but presented new ones.

03-04 Prior Priority legend

**Priority 1**

OUT of Facility – Weekend reserved – Contracted weekend –

**Priority 2**

Out of Facility meet with non-specific weekend

**Priority 3**

**In facility – Historic Meet**

**Priority 4**

After all that has been addressed fill in the calendar as per Judge availability

**We need to address those and fix a few problems that may have occurred**

Things that we need to keep in consideration when proposing changes

☆ History of Meet

- Weekend reserved
  - Years for particular weekend
  - Previous site availability
- Meet name not attached to a particular weekend
- Contracted Weekend
- History of Judges used and not used (changes in what was requested)

☆ In facility vs. out of Facility

- What is considered an in facility
- What is considered an out of Facility
- What if Out of Facility Meet becomes in facility after meet scheduling
- Priority Meet History vs. In –Out of Facility Meet

Please look at these very carefully and respond soon. This is an important task and we must come up with a plan soon so that we can make next years procedure the best that we can

**Regional Qualifier Leotards**

We will once again provide a gift Leotard to all Regional Qualifiers. The Level 9, 10 State Series Form Provided by the Meet director was an old form and thus did not contain a column for leotard sizes for your athletes. We are sorry for the confusion Please email your gymnast's leotard sizes (gymkin) to [NorbertIL@aol.com](mailto:NorbertIL@aol.com) I will then forward this information.

The Level 8 State please use the new form that will be provided and found on Line.

**Attire at State and Regional Meets:**

Please remember that with the State Series and Regional meets come with it a certain respect to the event. This is a very special time in the life of the athletes, and Parents that are participants.

With this in Mind please dress appropriately to this occasion. The Men's Program has placed a National guideline that all Coaches must wear at least Collared Shirts. I certainly have seen a variety of Attire during this competition season but I think that FOR SURE the State series deserves some better consideration.



**Regional Meet Bids**

λ **Level 8 Regional**

- Host: St. Charles Gymnastics
- Meet Director Keith Carter
- St. Charles High School St. Charles Illinois

**Level 8 Regional Format**

- **Qualifying Score 34.5** from State to Regionals. So that every gymnast that leaves their respective State Meet will know that they have qualified.
- Regional age groups will set **AFTER all the State Competitions** have been competed and Regional entries received. The number of age groups will be determined at a later date but will have a separate session for each age group.
- Top 4 scores will be used to determine the State Team scores. The number of athletes in teams to be determined later.
- State Teams will be derived by Rank Order of their State Athletes within the State by Age Groups. These teams **will rotate around the Gym as a State Team** and the remainder gymnasts will be All-Star's but in a separate rotation. This is most similar to what last year's Regional Meet, JO Nationals.
- λ **Level 9, 10 Regionals**
  - Host Twistars
  - Meet Director John Geddart Lansing Michigan

**Region 5 Apparel Fund:** Lets do our part. Every year our Regional athletes recognize how truly great it is to be a Region 5 Level 10 National Qualifier. The Region goes out of its way to supply the athletes with a plethora of Apparel. With Illinois success this year please keep this fund in mind. Thank you.

○



**National R&P** Is available on Line If you need a Hard copy please call the National Office and request one

**2004 T.J. Maxx Tour of Gymnastics Champions Schedule**

INDIANAPOLIS - The T.J. Maxx Tour of Gymnastics Champions is bigger and better in 2004 with 32 cities across the nation on board for the **post-Olympic Tour of U.S. Olympic and World Championship Team members**

9-Oct	Rockford, IL	Metro Centre
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**Future Collegiate Gymnasts Showcase**

Dear Chair,

Women's Program is excited to announce its first annual "Future Collegiate Gymnasts Showcase" to be conducted in conjunction with the 2004 Jr. Olympic Nationals in Kissimmee, Florida. We hope that this event will encourage your team to bring any additional eligible Level 9 and 10 athletes to enjoy the National Championships. They can cheer on their teammates and Regional friends who do qualify and then have the opportunity on Monday, May 3<sup>rd</sup> to show off their own gymnastics abilities at the "Showcase."

Collegiate coaches typically are present at JO Nationals to observe the high school age athletes. This year they will stay one more day to get an up-close look at so many other wonderfully talented athletes. This is a great opportunity for your gymnasts to catch the eye of the collegiate coaches. Please be aware that those athletes who compete at

Nationals may also register for this event. Perhaps they'd like to show off new skills they've been working on but did not include in their routine at Nationals due to lack of consistency.

Please check out our website at <http://www.usa-gymnastics.org/women/2004/collegebound.html> for more specific information and online registration. Each athlete must complete the Athlete information form and register online. This info will be compiled and put on a CD for all the collegiate coaches who have registered.

Club coaches attending the "Showcase" with an athlete are invited to a Sunday night "Wine & Cheese mixer" with the collegiate coaches in order to find out more about their university and its gymnastics program.

Don't miss it!! Here's your chance to assist your athlete in finding the right collegiate program.

See you in Florida!

Connie Maloney

Women's Jr. Olympic Program Manager

**Member Services Update: Technique – March 2004**  
**Attention Club Owners, Managers, and Meet Directors**  
**Important Notices: Please make note.**

**1. Certificate of Insurance: Sanctioned events in outside facilities.**

- The certificate of insurance application form is included in your sanction approval package. A certificate of insurance is often requested from the building's owners when you host an out of your own club competition. For example holding a meet at your local high school gymnasium or convention center.
- The request for certificate of insurance must be sent to the insurance company directly. It does not come to USA Gymnastics. The insurance company must receive this request a minimum of 30 days in advance. The form must be filled in completely and properly.
- If you are in need of a certificate of insurance, we urge you to request your sanction a minimum of 45 days in advance. 60 days in advance is even better.
- You must have a sanction approval and sanction number prior to requesting a certificate from the insurance company.
- You must show the sanction number on the request form. You can not receive a certificate from the insurance company until the sanction is recorded and approved in our data system.

**2. Accident Report Form: Must be filled out at the sanctioned event**

- This form is included in your sanction approval packet. Please read it to familiarize you with the form and the procedures.
- Have copies of the form at the meet/event.
- This must be filled out by the trainer, meet director and the parent or guardian.
- This form is sent directly to the insurance company. It does not come to USA Gymnastics.
- This is for the benefit of the athlete and the parents. This form must be on file with the insurance company when/if a claim is made.
- Remember: there is a \$ 500 deductible on this secondary insurance coverage. This policy is in effect until July 31, 2004. Changes may occur in the insurance policy for the 2004-2005 season.
- The sanctioned meet must be in compliance of all rules and policies in order for the insurance coverage to be valid. The injured athlete must be a current athlete member or the insurance coverage is void.

**3. Individual Memberships – Athlete, Professional, Instructor, A-club**

- It's Individual all the way....that means the membership belongs to the person who receives the membership number. Memberships are not transferable.

- Memberships are not refundable. Benefits and services are applied and paid out upon receipt and entry into the data system.
  - If you are a club owner who pays for the professional and instructor memberships for your coaches, you have given them a “gift”, a work benefit. The membership is theirs. If they leave your club, their membership goes with them. Please develop your business rules and employee benefit package with this in mind.
  - When an athlete leaves your club, the USA Gymnastics athlete member number goes with him or her. The membership belongs to the individual.
4. **Do not hold athlete membership monies at your club for any extended time.**
- We are receiving complaints from parents who are upset because their child did not receive the magazine in September or November or even later. They tell us they gave the form and the money to the club director in July or August.
  - Unfortunately, the club holds onto these funds and does not apply for the memberships until two or more months after receipt. The parent does not understand why they did not receive the member card and the magazine. Sadly this places us in a very awkward position since we can not explain or defend the position of the club who did not send us the membership funds. Please set up a system so that on a weekly or biweekly basis, you apply for your memberships. Please let your parents know what your business policies and time lines are.
5. **Follow “Best Practices” in all of your business dealings and decisions.**
- Please have full disclosure to your clients regarding the various fees that may be charged due to a person being on team.
  - Please do not state various charges are from USA Gymnastics, if they are not. Such as: booster club fees, parent’s club fees, team travel fees, apparel fees, competition fees etc. Please do not state a fee is due to insurance costs, when it does not. When parents contact us, we tell them exactly what the membership fee is. We explain it is a one time charge for the year. Please conduct your business with full disclosure regarding the various fees and charges that may be needed when a person is involved in more than just classes at your club.
  - USA Gymnastics Member Services wishes to support our clubs and members; however we will explain to our callers exactly what the membership fees and charges are for that current season.
  - Help us - help you.
6. **Information – changes and corrections – Please keep current**
- **Address changes:** You may make changes and corrections directly online using your user ID and password. You may also mail or fax the corrected information into the national office. Please note the magazine and Technique are not forwarded. You must have the address correction made with the USA Gymnastics national office-member services. It must be correct in our database system.
  - **Email address** – please keep your email address current. USA Gymnastics is relying more and more on technology to relay many of our notices and information. It is important for you to receive this information on a regular and timely basis. You can change this online or contact Member Services.
  - **Name changes or corrections:** you must contact the national office in writing to make these changes in your record. You may FAX 317-692-5212. Please make sure the correct spelling of your name is in our system. Check your card and any mailings you receive from us.
7. **Renewal notices: Membership renewals – Please check your mail**

- Membership renewal notices are sent out to all quarterly. 90 days in advance. Please open your mail from us.
- Second renewal notices are sent out to all 30-45 days prior to date expiration.
- The third notice is sent to all who have expired in that month.
- Safety renewals are not sent out. The information is on your member card or you may call member services.

**8. Sanction report forms – Please follow all directions in order for sanction to be official and closed out.**

- **All coaches are to sign** the sign-in form by printing name and professional member number. This form is sent with the sanction report form to USA Gymnastics National Office – Member Services.
- **All judges are to sign** the sanction report form with printed name, rating and professional number.
- Fill in the number of competitors section. Send additional payment with report form if competition hosted more than 72 competitors and only \$ 50 was sent with the original sanction request.
- Sanction report form and coaches sign in are to be sent to the National Office within 48 hours of the competition. Forms will be checked and the sanction will be closed out in the system once all is in order.
- Competition fees are sent to the respective state and or regions, depending on the policies as outlined for that specific area.
- Score sheets are to be sent to the state and/or region as determined by that area. Score sheets are not sent to the national office.
- Men’s program – Make sure to send the check for the men’s scholarship program to the National office with the sanction report form. Additional competition fees are sent to the regions and/or the states as determined by program.

Kathy Feldmann  
 Vice President - Member Services  
 USA Gymnastics  
 National Congress Director  
 (P) 317-829-5625 (F) 317-692-5212

**Member Services Update: Technique – March 2004**  
**Attention Club Owners, Managers, and Meet Directors**  
**Important Notices: Please make note.**

# ERNA WACHTEL SCHOLARSHIP ATHLETE'S AWARD

• FROM THE ERNA WACHTEL SCHOLARSHIP COMMITTEE:

*Betty Axelson, Norbert Bendixen, Hilary Carlson, Sandy Oldham, Jean Johnson*

• NOMINATIONS DUE MARCH 5

• ATHLETE MUST BE A GRADUATING HIGH SCHOOL SENIOR: U.S.A.

• OPTIONAL COMPETITOR—LEVEL 8, 9 OR 10

• GYMNAST MUST BE NOMINATED BY COACH

• COACH MUST WRITE A RECOMMENDATION

REQUIREMENTS: \_\_\_\_\_

• Athlete must have exceptional work habits

• Athlete must possess personal character traits of honesty, sincerity, pride and is considerate of teammates, family and friends

• Athlete must be dedicated, show initiative, self-discipline, responsibility, determination, courage, and a positive attitude

• Athlete must need financial assistance for college (coach must verify need)

• Athlete must write a paper telling why she feels she exemplifies the ideals that the Erna Wachtel award is recognizing and why she is worthy of receiving financial assistance

• ONE OTHER RECOMMENDATION FOR THE ATHLETE MUST BE SUBMITTED (by teacher, pastor, family friends, etc.)

• Award will be presented at the Level 8, 9 or 10 State Meet

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## Erna Wachtel Athlete's Award Nomination Form

Gymnast Name \_\_\_\_\_ Competitor Level \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Coach \_\_\_\_\_ Club \_\_\_\_\_ Club Phone ( ) \_\_\_\_\_

College Gymnast Is Planning To Attend (If known) \_\_\_\_\_

INCLUDE WITH THIS FORM:

1) Coaches' Recommendation 2) Athlete's Letter

3) Recommendation from Teacher, pastor or Family Friend

Send all requirements to:

Betty Axelson-McClelland, Elk Grove Gymnastics School,

775 Bonnie Lane, Elk Grove Village, Il 60007 or FAX to 847-382-5640 by MARCH 5

QUESTIONS: Call Betty at 847-382-7487 or evenings at E.G.G.S., 847-437-3447

(you can leave a message with Glen Marks if I'm not there)