



Illinois USA Women's Gymnastics Newsletter

November 03

Region5.com/Illinois

We wish all of you and your family's had a very Happy Thanksgiving



Please Note the Change: Last Moth Newsletter (October) ILLINOIS COMPETITIVE INFORMATION SUMMERRY the date for Level 8 Regional is posted incorrect. Please see the chart in this newsletter and replace. Thanks to Sari from X-Caliper for the heads up.

Please make Changes with the USAG National Office: I have had these email returned to me after sending emails. These addresses were downloaded from the National Office website. Thanks
wiz0faag@juno.com jody@tumblingtimes.com gymfacts@juno.com poti@pdhp.org
info@americangymnastics.com chertkovgymnastics@earthlink.net eag@ineffingham.com
gymnasticsxcalibur@hotmail.com info@summitgymnastics.com

Level 4 State How many 2nd Request: Please Email NorbertIL@aol.com with your approximate number of Level 4's that you will be competing this year at the Level 4 State Meet. This information will help us communicate better to the Level 4, 5 State meet directors.

Thank you to the following clubs for responding with your numbers: American Eagle, Chicago Park District, EGGS, Flying High, Gym Corner, Gym Etc., Gymkhana, GymNasti, Gymnastics Spot, Matton, Midwest Twisters, Mid Illinois Gymnastics, Midstate, Northbrook Training Center, Northshore, Oak Park, Olympia, Oswego, Quad City, Rising Stars, River City, Rockford YMCA Panthers, SIGA, Springhill, TO USA, Tri Star, Victory, X-Caliper

State Series Meets Please note that we have 3 open
☆ Level 5 state Meet NE **Need a Bid**
☆ Level 9, 10 State **Need Bid**

REGION V MINI-CONGRESS



From: Jeff Metzger
Re: Region V Congress...simply, the best educational event in the nation
When: August 6-8, 2004
Where: Kids First Sports Center, Cincinnati

Dear Region V friends;

Please get out your calendar and **circle the dates August 6-8, 2004** for the Region V Mini-Congress. It is my goal to make this event one of, if not THE best educational event in the nation. It has been 7 years since I last hosted Mini-Congress but since then I have personally attended 35 as a speaker. I have had the opportunity to hear and learn from the best and I intend to bring what I have learned to Region V for your benefit and enjoyment. **Why go national when you can GO LOCAL?**

The event will be hosted **ON SITE** at **Kids First Sports Center** which will have **huge advantages**. We will run **8 tracks simultaneously** and do it better than a hotel. The theme will be **HANDS ON** because we can! There is nothing worse than learning how to coach a Takachev in a sterile hotel room. The initial list of speakers I have lined up are ecstatic about this arrangement. Additionally, we can have lots of spotting clinics.

Worried about crowding?...don't be. At **2 acres—86,000 under roof**—Kids First offers **PLENTY** of space: We have **FAR MORE** than most convention facilities you see hosting Mini Congresses. We will **shut down** our entire facility and **dedicate** it entirely to YOU. I think this will prove to be the **best Mini Congress venue in the nation**.

Our **8 tracks** include:

**Women's
Mens,**

**Developmental,
Rec/Non-competitive,
Preschool,**

**Trampoline & Tumbling,
Judging,**

Business, more.

PLUS, we will have an entire **5,000 sf dedicated to vendors** so you can see, touch (and even smell) the latest and greatest equipment.

My goal is to make this the **best darned event in 2004!** Why go national when you can **GO LOCAL?** In short, be there...Cincinnati, that is!

Stay tuned for more info as the year progresses. At the moment, please take one simple action: **CIRCLE YOUR CALENDAR NOW.**

Make it a great year.

Warmest regards,

Jeff Metzger

Host, 2004 Region V Congress

gymclub@aol.com

(posted 11/16/03)

CHARLES POND

Charles "Charlie" Pond (1915-2003) - Charlie Pond, one of America's great gymnastics coaches, passed away peacefully at his home in Dewey, Arizona recently (October, 30, 2003). He touched the lives of most of the great gymnastics and acrobatic performers in the latter half of the Twentieth Century... Former U of I coach

(posted 11/06/03)



Kristina Comforte has qualified for the Trophée Massilia Meet in Massilia, France to be held Nov 21-23

The annual Trophée Massilia features team, all-around, and event final competition.

USAG decided the assignments following a camp held at the women's national training center in Texas last weekend. Attending the Trophée Massilia with Vise will be **Kristina Comforte, Ashley Jenkins, Allyse Ishino, Courtney McCool, and Alicia Sacramone**

(posted 11/06/03)

NEW WEBSITE FEATURE Please note that scores from all meets will be posted on this website in Adobe Acrobat format. To view these scores, please go to the calendar page. A **SCORES** column has been added. If there is a **YES** in the column for a specific meet, those scores have been forwarded for posting. Click on the word **YES** to view these scores.

All USAG State and Regional personnel & C. Ide:



Please be aware of the upcoming change and distribute this information to your meet directors and officials.

Thanks, Connie

ANNOUNCEMENT FOR WOMEN'S COMPETITIONS – JUDGES' MILEAGE REIMBURSEMENT RATE

According to the USA Gymnastics Judges' Compensation package, mileage will be reimbursed at the current IRS rate (no fractions considered.)

Effective JANUARY 1, 2004, the rate for mileage reimbursement will increase to 37¢/mile for Women's gymnastics judges.

2003 - 04 ILLINOIS COMPETITIVE INFORMATION SUMMARY

LEVEL	QUALIFYING SCORE	LAST DAY TO QUALIFY	STATE MEET	ENTRY FEE
4 State	No qualifying score	February 15, 2004	March 6 th 7 th 2004 NW GymNasti NE Need Bid S Quincy .	\$55.00 <i>After</i> 2/17 - \$35.00 <u>On or before</u> February 18, 2004
5 State	32.00 AA	February 15, 2004	March 6 th 7 th 2004 NW GymNasti NE Need Bid S Quincy	\$65.00 <i>After</i> 2/17 - \$45.00 <u>On or before</u> February 18, 2004
6 State	33.00 AA	February 8, 2004	February 28, 29 2004 Oswego	\$65.00 <i>After</i> 2/10 - \$45.00 <u>On or before</u> February 10, 2004
7 State	34.50 AA	February 29 th 2004	March 20 th 21 st 2004 EnerGym	\$85.00 <i>After</i> 3/2 - \$65.00 <u>On or before</u> March 2, 2004
8 State	33.00 AA	March 7 th 2003	March 27 th 28 th 2004 Need Bids	\$85.00 <i>After</i> 3/9 - \$65.00 <u>On or before</u> March 9, 2004
9 State	32.00 AA	February 22 nd 2004	March 13 th & 14 th 2004 Need Bids	\$85.00 <i>After</i> 2/24 - \$65.00 <u>On or before</u> 2/24 2004
10 State	32.00 AA	February 22 nd 2004	March 13 th & 14 th 2004 Need Bids	\$85.00 <i>After</i> 2/24 - \$65.00 <u>On or before</u> 2/24 2004
8 Regional	34.50 AA	State Meet	April 17th 18th St. Charles Illinois	Due at the State Meet - <i>bring a check.</i>
9 Regional	34.00 AA	State Meet	April 2-4 2004 Lansing MI	Due at the State Meet - <i>bring a check.</i>
10 Regional	34.00 AA	State Meet	April 2-4 2004 Lansing MI	Due at the State Meet - <i>bring a check.</i>
9 National	By Percentage	April 7, 2002	April 22-25 2004 Check National Info	Paid at Regional Meet
10 National	By Percentage	April 14, 2002	April 30-May 2 2004 Check National Info	Paid at Regional Meet