

2003 Illinois State Clinic
 Sunday, June 29, 2003

3 member panels are provided to give a wide perspective on ways to accomplish the same goal. These practical clinics will be packed with drills presented by some of Illinois top boys coaches.

Panel Discussions Morning	Compulsory Class VII-V	Panel Discussions Afternoon	Optional Class IV-I
Event	Clinician	Event	Clinician
FX 9:00-9:30	1.	FX 1:30-2:00	1.
	2.		2.
	3.		3.
PH 9:30-10:00	1.	PH 2:00-2:30	1.
	2.		2.
	3.		3.
SR 10:00-10:30	1.	SR 2:30-3:00	1.
	2.		2.
	3.		3.
VT 10:30-11:00	1.	VT 3:00-3:30	1.
	2.		2.
	3.		3.
PB 11:00-11:30	1.	PB 3:30-4:00	1.
	2.		2.
	3.		3.
HB 11:30-12:00	1.	HB 4:00-4:30	1.
	2.		2.
	3.		3.

How it will work: Each event will have 3 clinicians. Each clinician will instruct one 10-minute segment. All 6 events will be covered in both the morning and afternoon. The morning panels will emphasize the compulsory levels and the afternoon session will emphasize the optional levels.

Clinicians Participating:

Mark Diab, Kevin Choep, Chris McKee, Don Osborn, Mike Califf

2003 Illinois State Clinic
Saturday, June 28, 2003

Saturday Clinics will include the following topics and speakers.

<u>Time</u>	<u>Topic</u>	<u>Speaker</u>
8:30 – 9:30	“Advance Pommel Horse”	Paul Evatt
9:45 –10: 45	“The Development and Management of a Boys Junior Elite Training Program”	Kelly Crumley
11:00 –12:00	“ Developing an 8 week training Plan for Championship meets”	Don Osborn
Lunch		
1:00 –2:00	“ Still Ring Strength Development”	Mark Diab
2:15 – 3:15	“Making the transition from pre-school and recreation to team”	Mike Califf
3:30 – 4:30		Kevin Chope
4:45 – 5:45	Coaches Round Table Discussion	All