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# REGIONAL Procedures for Injury / Illness Petitions for J.O. Competitions

Petitions must be completed online using the Region 5 Injury Petition Form including all required information. The gymnast must be included and paid for on the regional form.

**Must fax or overnight mail the doctor's note (with release date)** If you overnight mail please make sure that a signature is not required.

The following people must receive a copy of the Doctor's note:

## Regional Technical Committee

### Assistant

Hilary Carlson  
328 Briarwood Ln.  
Bloomington, IL 60108  
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## ILLINOIS STATE CHAIRMAN

Norbert Bendixen  
200 South Shaddle Avenue  
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[NorbertIL@AOL.com](mailto:NorbertIL@AOL.com)

## ILLINOIS J.O. CHAIRMAN

Randy Peebles  
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Springfield, IL 62711  
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## LEVEL CHAIRMEN

### Level 8

Mary Joe Roehrig  
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Sleepy Hollow, IL 60118  
Fax (847) 428-0923

### Level 9

Randy Parrish  
2010 Jennifer Lane  
Quincy, IL 62301  
Fax: (217) 221-9615

### Level 10

Dianne Durham  
4430 N. Western Ave.  
Chicago, IL 60625  
Fax: (773) 478-8457

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