
All-Star Team International Assignment Conduct Guidelines

- 1) The purpose of the international assignment is to provide a reward system for our athletes and coaches and judges for their dedication and contributions to the sport of gymnastics in our region. Although personal goals and objectives are always important, the overwhelming theme behind our international experiences will be REGION 5 FIRST.
- 2) All Team members, coaches and judges are to participate in accordance with the REGION 5 FIRST THEME. Taking and maintaining this TEAM approach will help insure that the event will be a positive experience as possible.
- 3) Anytime that you put a large group of people together in any endeavor.... you will encounter differences of opinion. Differences of opinion should be dealt with professionally in open team meetings. Should a solution not be agreeable there needs to be a place where the "buck stops". In these cases the decision rests with the delegation leader(s).
- 4) On site travel plans, itinerary items should be discussed as a group but once again the final agenda will be determined by the delegation leader(s).
- 5) Region 5 Team apparel and coaching apparel should be worn when appropriate..... training sessions, airports, competitions etc.
- 6) In the event of finals.... it has been the position of the region to get as many Region 5 athletes exposure to international finals as possible. Therefore if we can get more region 5 Athletes into finals by scratching someone who has qualified on multiple events then that is what should be done.
- 7) Workout times, structure, format, rotation times etc will be set at a team meeting with the final decision being announced by the delegation leader. Once again should there be differences of opinion the delegation leader has the final say and all members of the delegation are expected to adhere to those decisions.
- 8) Attending parents should remember that the experience is for regional bonding and NOT a family vacation. Parents may attend, but should realize that all decision regarding itinerary and related activities are decided by the attending coaching staff. Attending Parents must make their own travel arrangements outside of the delegation. Parents may not separate their child from the group for any reason.

Procedures for Element Evaluations for Region 5

Only the submitted new elements that are performed successfully at the Junior Olympic National Championships will be evaluated by the National Technical Committee and be added to the USAG Element Supplement.

All new elements submitted to the regions will be evaluated and that value will be accepted through that season's National Championships.

Region 5 will maintain an element list for the region that will be published in state and/or regional newsletters. Skills need to be submitted each year.

New elements should be submitted to Char Christensen RTC. Use the form in Rules and Policies and include all information, illustrations, zip code and telephone numbers.

Send six copies and please use correct postage.

The RTC (Char) will send a copy to the Region 5 Technical Committee and a copy will be returned to the coach. Please allow a minimum of three weeks from the time RTC receives the papers for turn-around time back to you the coach.

VIDEO TAPES - A **video-tape**, which would demonstrate the element, please include a **NON-RETURNABLE** copy to the RTC along with the form, illustrations and description. These must be returned for use on the returned evaluation form to be used during the competitive Season.

U.S.A.G. Value Part Evaluation Form (Please see USA-Gymnastics.org for form.)

REGION 5 COMMITTEE: Char Christensen, RTC
Carolyn Bowers, Carole Leidtke, Judy Dobransky, Sandy Oldham,

This form (6 copies) plus a self-addressed, stamped envelope must be submitted to Char Christensen at 1260 Churchbell Way, Columbus, OH, 43235, in order to officially request evaluation of elements not listed in the FIG Code of Points or the USAG Supplement. You will receive a temporary RTC and Region 5 Committee evaluation for the element submitted, which will be valid for one competitive year up to and including National Championships. Region 5 will up-date and publish a valid list that will be dated. During competition, should there be a different evaluation of the same element on forms from different RTCs, the chief judge should use the highest value for that competition and send notification to each of the RTCs.

A video tape (non-returnable) may be sent along with the forms. There should still be a stick figure drawing on the form for judges' use at competitions.

When this form is returned with an element evaluated and the proper RTC verification signature, the coach, is required to carry the form to all competitions and present it to the Meet Referee prior to the Judge's meeting that precedes the competition.