



Illinois State Administrative Committee Chairman's

For the most up to date information Please visit the Illinois Web Page
Region5.com/Illinois 5.com/Illinois

**Report
July - Sept 01**



Elizabeth Tricase Elizabeth Tricase (second from the Left) Places 10th at Championships of the USA see the web site for brief synopsis of her history



Some Tidbits from the National Congress:

- Operating Code will not be found in the back of the National R&P (Pink Book) as in the past It will be found **on line** at USA-gymnastics.org
- The New Compulsory Book is now available on Line or by phone cal (1800-345-4719) the Color is Green. Side note: All the small changes already given to us in the last years have been included in this text. If however you have been prudent with making changes all along you already have all the changes and do not need the new one.
- The Technical Handbook is also available
- **New MUSIC**
 - Meet Directors Change: All meets must now have a CD PLAYER Available at all Gymnastics Competitions
 - **New music** for the Compulsories will be available on line. Place your order but at present are on back order soon to arrive.
 - **Choice of Music**. Athletes can use either the new music or the old. The new CD has an updates version of the Old music to eliminate some of the slow areas in the Floor routines
- 2002 National Congress and Championships will be in Cleveland
 - Due to this there will no Regional Congress in 2001-02
 - Lets put all our support towards our Region 5 Partners
 - Illinois (Chicago) and a select committee with the Mayors office for Special Events put in a Preliminary Bid for this meet but the Mayors Office for Special events had to withdraw our bid when they noticed a conflict in schedule (the National Hardware convention at the same time) that they had not noticed before. We as a committee were very disappointed that this discovery happened but are dedicated to getting a major event to Chicago. Thanks to Committee members Dianne Durham, Bob Ito, CJ Johnson, Jean Johnson, and Norbert Bendixen for their efforts



Level 1-4 High Performance Coaching Seminar Instructor

Recently, The USG National office asked the State office to recommendation a person that would be qualified to be an Instructor for the new Level 1-4 High Performance Seminar. After asking around and receiving his resume I appointed Kurt and he accepted. Qualifications looking were: Believe in the program, Teaching background and Educations Degree, ability to convey that information. **Kurt R. Aichele** was our states representative to this workshop in Indianapolis. He will be scheduling a Coaching seminar this year. This is one of USAG efforts to increase the educational opportunities for our coaching staffs. There will be much more on this at a later date.

TOPS Nationals Testing Qualifiers



Marissa Bosco	5	11	Palmer's Gymnastics
Jenna Bossle	5	10	Palmer's Gymnastics
Keegan Johnson	5	g	Palmer's Gymnastics
Amanda Miller	5	g	Palmer's Gymnastics
Alexis Pudlo	5	10	Palmer's Gymnastics
Rebecca Ramos	5	g	Lifelines Gymnastics Center
Clarisse Tolosa	5	g	Palmer's Gymnastics

Meet Directors: State Series Meets due in State Office Sept 5th

PARTNERS IN GYMNASTICS 2001:

- **State Training Camp:** Thanks to the Entire Staff of the Illinois Training Camp. The gymnasts were also treated to working with Tom Koll.
- **State Congress 2001:** This years Congress is now History. I would like to personally thank **Wendy McGrath** for an excellent job in Heading the Committee for this years Congress. It was quite an undertaking. I would also like to thank 2 other People that helped the committee. **Suzie Kinsman and Jean Johnson**. Thanks also to **Leonard Isaacs, and Mark Diab** for taking their time to be part of this committee and making this a successful endeavor.
- **Meet Scheduling Meeting** Thanks to all the Meet Directors that survived the Meet Directors Meeting Sunday July 29th. This year produced different situations but a Calendar has been established. Please visit the Region5.com/Illinois Web site for a Complete Schedule. It will also be printed in the 2001—2002 Illinois R&P.
- **Recognition Banquet** This years Banquet was a success. 250 Gymnasts Parents, Judges and Coaches were treated to a pleasant evening at the Double Tree. Guest Speaker **Mark Gibson** spoke to all and a gift was given out to each athlete that attended. We were also honored by the attendance of **Tom Koll** (USA Gymnastics Vice Chair for the Women's Program). I would like to Thank **Mark Diab** (Men's USAG State Chair), **Dan Miller** (who got married that Sunday), and **Todd Gardiner** for being the Master of Ceremony for the event.



Jennifer DeBolt – USA Goodwill Games

Ambassador Jennifer DeBolt of Metamora Illinois was chosen the winner of the essay contest sponsored by USA Gymnastics. The essay contest theme was “How Gymnastics as Influenced your life.” She won an all expenses paid trip to the

Goodwill games held in Brisbane Australia for her self and a guest (she is bringing her Mom). She also received a \$2000 education grant. If the team wins a medal she will lead them out to the podium
Congrats to Jennifer.



Level 8 Regional – New Format Region 5 is changing the Format of Level 8 Regional Competition to look similar to that of the JO National Meet. Here are a few of the highlights and more specific explanation will come later

- 8 Age Groups
- 7 man state team per age group will compete for the Regional Title
- 5 State Teams per age groups (1 for each state) plus 3 all star teams (rank order through the Region)



- Only those athletes that Score at least a 34 AA will qualify for their State teams. If not Rank order from the Region to fill space

All-Star Team Region 5 All-Star Team error has been Corrected please Find enclosed the Changes to the All-star Team.

To: Region 5 REVISED DUE TO ERROR

From: John Geddert

It is my great pleasure to announce this year's qualifiers to the Region 5 All-Star Team. As you all may know, this is an honor that is given to the top 8 Jr. Olympic and top 4 Elite athletes within our region. The title not only signifies gymnastics excellence for the 2000-2001 season, but also provides these athletes with an international assignment. This year our travels may take us to SPAIN, but that is still in the works. Marco Bravo, our resident Spanish-speaking expert is currently working on this opportunity for our delegation. If all goes as planned this should turn into an exciting experience.

Congratulations are in order! Congrats to the athletes, coaches and parents of our team. This is a well earned reward for all the time, energy, dedication and commitment you all have given to the sport of gymnastics. This is also an event that helps foster the Region 5 camaraderie that has become legendary nation wide. We hope that you can take advantage of this opportunity.

On behalf of these athletes and coaches I would like to extend a heart felt THANKS to our entire region, as it is YOU that provides the support for all of the things we do for our athletes. This is truly a special region! It is a place filled with people that care about kids. It is a place where most are willing to go the extra mile to make sure that our kids receive nothing but the best. Thanks to all that contribute!

Our 2001 Region 5 All-Star Team is:

Elite-

Sr. International

*No Senior Qualifiers

Jr. International

- Elizabeth Tricase-IGI
- Samantha Sheehan-CGA
- Haiya Rodriguez- CGA
- Kristina Comforte- IGI (Filled from Rank order from the US Classic)

Junior Olympic-

- 1) Shelley Harris- 38.138- Twistars USA
- 2) Kelly Fee-37.725- Midwest Ill./ IGI-
- 3) Jamie Duce- 37.719- Twistars USA
- 4) Courtney Butler-37.613- Midwest Ill.
- 5) Katie Lieberman- 37.536- IGI
- 6) Jassamyn Saulter- 37.538- Wrights
- 7) Tristen Nelson- 37.531- Twistars USA
- 8) Taylor Zondervan- 37.475- Twistars USA
Samantha Lutz- 37.475- Midwest Ohio

Alternates:

- 1) Bianca Puello- 37.425- Southern Illinois
Gymnastics Academy

- 2) Brittany Livingston- 37.119- IGI
- 3) Caitlin Sullivan- 37.094- Twistars USA
- 4) Amanda Coates- 37.056- Twistars USA

Important: Since there were only 3 regional elites that qualified to Championships of the USA, all of whom were juniors, we will fill the 2 available Senior elite spots with one of the juniors and the highest ranking elite from the US Classic (Comforte). This opens a J.O. spot for Puello, due to Harris and Duce being graduating Seniors unable to participate. (The tie for 8th fills one of the spots vacated by the graduates). This also makes Livingston and Sullivan the 1st and 2nd alternates. Alternates will be notified pending injury of any of the All-Star team members or IF any member should decline the invitation to participate in our International Assignment.

NOTE: ERROR WAS FOUND DUE TO USING LEVEL 9 SCORES AS ONE OF THE COUNTING SCORES FOR LAUREN YKIMOFF AND CAITLIN SULLIVAN. MY ERROR!



Illinois USA Gymnastics Competition Schedule 2001-02

Date	Club	Level	Name of Meet	Site
9/29/01	NAWGJ	4,5,6,7,8	South Judges Cup	Midstate
9/30/01	NAWGJ	4,5,6,7,8	South Judges Cup	Midstate
10/13/01	River City	4,6	Jumpin Jacck-o-Lantern	In Gym
10/14/01	Tri-Star	5,6,7,8,9	Fall Fiesta	In Gym
10/14/01	River City	5,7,8,9,10	Jumpin Jacck-o-Lantern	In Gym
10/20/01	Ultimate	4,5,6	Ultimate Halloween Meet	In Gym
10/21/01	Ultimate	4,5,6,7,8,9,10	Ultimate Halloween Meet	In Gym
10/27/01	Midstate	4,5,6,7,8,9,10	Monster Mash	In Gym
10/28/01	Olympia Gymnastics	4,5,6,7,8	O.G.C. Invite	In Gym
10/28/01	Midstate	4,5,6,7,8,9,10	Monster Mash	In Gym
11/3/01	Southern II Gymn Acad	4,5,6,7,8,9,10,op	Saluki Invitational	SIU
11/4/01	Tumbling ON USA	4,5,6,7,8,9	Turkey Tumble	In Gym
11/4/01	Southern II Gymn Acad	4,5,6,7,8,9,10,op	Saluki Invitational	SIU
11/4/01	EGGS	5,6,7,8,9,10	Turkey Invite	In Gym
11/4/01	St. Charles	5,6,7,8,9,10	Fall Flip	In Gym
11/9/01	NAWGJ	4,5,6,7,8,9,10	North Judges Cup	Aerial Arena
11/10/01	NAWGJ	4,5,6,7,8,9,10	North Judges Cup	Aerial Arena
11/11/01	Champaign County Y	4,5,6,7,8,9,10	Turkey Trot	In Gym
11/11/01	NAWGJ	4,5,6,7,8,9,10	North Judges Cup	TBA
11/17/01	Gymnast Central	4,5,6,7,8	TBA	In Gym
11/17/01	Gymnastics Etc.	4,5,6,7,8,9,10	Horton Invitational	ISU
11/18/01	Golden's	4,5,6,7,8	Thinking Of Others	In Gym
11/18/01	Gymnastics Etc.	4,5,6,7,8,9,10	Horton Invitational	ISU
11/18/01	Aerial Gym	5,6	TBA	Aerial Arena
11/18/01	EnerGym	5,6,7	EnerGym	In Gym
11/24/01	Itasca Gymnsatics Cen	4,5,6,7,8,9	Invite	In Gym
11/24/01	Crystal Lake Gymn	5,6,7	Candy Land	In Gym
11/25/01	Causa's	4,5,6,7,8	Qualifier	In Gym
11/25/01	Crystal Lake Gymn	5,6,7	Candy Land	In Gym
11/30/01	Gymkinetics	7,8	Team Challenge	Aerial Arena
12/1/01	American Eagle	4,5,6	Home	In Gym

12/1/01	Champaign County Y	4,5,6,7,8,9,10	Illinois Invitational	U of I
12/1/01	American Institute	5,6,7,8,9,10	Stars & Strips	In Gym
12/1/01	Gymkinetics	6,7,8	Team Challenge	Aerial Arena
12/2/01	Gymkinetics	4,5	Team Challenge	Aerial Arena
12/2/01	Champaign County Y	4,5,6,7,8,9,10	Illinois Invitational	U of I
12/2/01	Mid Illinois Gymnastics	4,5,6,7,8,9,10	Great River Road Classic	In Gym
12/2/01	Skyline Gymnastics	4,5,6,7,8,9,10	Skyline Invite	UIC
12/2/01	American Institute	5,6,7,8,9,10	Stars & Strips	In Gym
12/2/01	American Eagle	7,8,9	Home	In Gym
12/7/01	Ultimate	4,5,6	Make-a-Wish Benefit Meet	In Gym
12/7/01	Gymkhana	9,10	Santa's Toys For Kids	In Gym
12/8/01	Midwest Academy	4,5,6	Midwest Meet	In Gym
12/8/01	Ultimate	4,5,6	Make-a-Wish Benefit Meet	In Gym
12/8/01	Wilmette	5,6,7,8,9,10	Wilmette	New Trier HS
12/8/01	Gymkhana	7,8	Santa's Toys For Kids	In Gym
12/9/01	Ultimate	4,5,6	Make-a-Wish Benefit Meet	In Gym
12/9/01	Gymkhana	5,6	Santa's Toys For Kids	In Gym
12/9/01	Midwest Academy	7,8,9,10	Midwest Meet	In Gym
12/14/01	EnerGym	4,5,6	St. Nick Invite	Sycemore HS
12/15/01	EnerGym	4,5,6	St. Nick Invite	Sycemore HS
12/15/01	Olympia Gymnastics	4,5,6	O'Tannenbaum	In Gym
12/15/01	USGTC	7,8,9,10	Snowflake Festival	In Gym
12/16/01	Chicago Park Dist	4,5,6	Holiday Classic	UIC or Peterson
12/16/01	USGTC	4,5,6	Snowflake Festival	In Gym
12/16/01	EnerGym	7,8,9,10	St. Nick Invite	Sycemore HS
12/16/01	Olympia Gymnastics	7,8,9,10	O'Tannenbaum	In Gym
12/30/01	Naperville	5,6,7,8,9,10	TBA	In Gym
1/5/02	Gym Acad Rockford	5,6	Jingle Bell Rock	In Gym
1/5/02	Aerial Gym	TBD	TBA	In Gym
1/6/02	Golden's	4,5,6,7,8	Happy 2002	In Gym
1/6/02	Gym Acad Rockford	8,9,10	Jingle Bell Rock	In Gym
1/6/02	Aerial Gym	TBD	TBA	Aerial Arena
1/12/02	American Eagle	4,5,6	Home	In Gym

1/12/02	Tumbling ON USA	4,5,6	Erin Olmsted Memorial	In Gym
1/12/02	AllStar Gymnastics	4,5,6,7,8,9,10	Winter Carnival	In Gym
1/12/02	Midstate	4,5,6,7,8,9,10	Winter Invite	In Gym
1/13/02	AllStar Gymnastics	4,5,6	Quick Meet	In Gym
1/13/02	Midstate	4,5,6,7,8,9,10	Winter Invite	In Gym
1/13/02	Tumbling ON USA	4,5,6,7,8,9,10	Erin Olmsted Memorial	In Gym
1/13/02	Oak Lawn	5,6,7,8,9	Winter Blast	In Gym
1/13/02	American Eagle	7,8,9	Home	In Gym
1/18/02	Aerial Arena	5	Week Before Super Bowl	In Gym
1/19/02	St. Jude	4,5,6,7,8,9,10	St. Jude Benefit Meet	Peoria Civic
1/19/02	Aerial Arena	5,6,7	Week Before Super Bowl	In Gym
1/19/02	Naperville	5,6,7,8,9,10	Martin Luther King Invite	In Gym
1/20/02	St. Jude	4,5,6,7,8,9,10	St. Jude Benefit Meet	Peoria Civic
1/20/02	Naperville	5,6,7,8,9,10	Martin Luther King Invite	In Gym
1/20/02	Aerial Arena	8,9,10	Week Before Super Bowl	In Gym
1/25/02	Beverly	7,8,9,10	TBA	In Gym
1/26/02	Gymnast Central	4,5,6,7,8	Monkeying Around Gym	In Gym
1/26/02	Wilmette	5,6,7,8,9,10	Wilmette	New Trier HS
1/26/02	Crystal Lake Gymn	6,7	Aloha	In Gym
1/27/02	Crystal Lake Gymn	5	Aloha	In Gym
1/27/02	Beverly	4,5,6	TBA	In Gym
1/27/02	Itasca Gymnastics Cen	4,5,6,7,8,9	Invite	In Gym
1/27/02	Champaign County Y	4,5,6,7,8,9,10	Heart of Gold	In Gym
1/27/02	Chicago Park Dist	4,5,6,7,8,9,10	Snowflake Open	UIC or Peterson
1/27/02	Oswego PD	4,5,6,7,8	Oswego Invite	Oswego HS
2/1/02	World Class	4,5,6,7,8,9,10,E	Gateway Challenge	Collinsville Civic
2/1/02	Gymnastics Spot	TBA	St. Valentines Day Classic	Vernon Hills HS
2/1/02	Gymnastics Spot	TBA	St. Valentines Day Classic	Vernon Hills HS
2/2/02	Gymnastics Spot	4,5,6	St. Valentines Day Classic	Vernon Hills HS
2/2/02	World Class	4,5,6,7,8,9,10,E	Gateway Challenge	Collinsville Civic
2/2/02	Wilmette	5,6,7,8,9,10	Wilmette	New Trier HS
2/2/02	Gymnastics Spot	7,8,9,10	St. Valentines Day Classic	Vernon Hills

				HS
2/3/02	Gymnastics Spot	4,5,6	St. Valentines Day Classic	Vernon Hills HS
2/3/02	World Class	4,5,6,7,8,9,10, E	Gateway Challenge	Collinsville Civic
2/3/02	Gymnastics Spot	7,8,9,10	St. Valentines Day Classic	Vernon Hills HS
2/8/02	IGI	4,5,6,7,8,9,10	Chicago Style	Navy Pier
2/9/02	Causa's	4,5,6,7	Qualifier	In Gym
2/9/02	IGI	4,5,6,7,8,9,10	Chicago Style	Navy Pier
2/9/02	Palatine Gym Club	6,7,8	Matras Invite	Park Dist Gym
2/10/02	Palatine Gym Club	5	Matras Invite	Park Dist Gym
2/10/02	Mattoon Gymnastics	4,5,6,7,8	Sweatheart Meet	In Gym
2/10/02	IGI	4,5,6,7,8,9,10	Chicago Style	Navy Pier
2/10/02	x	5	Level 5 Sectional Last Qualifying Date	TBA
2/16/02	Chicago Park Dist	4,5,6,7,8,9,10	Sweetheart Classic	UIC or Peterson
2/16/02	Dynamite	4,5,6,7,8,9,10	Go For It	In Gym
2/16/02	St. Charles	5,6,7,8,9,10	President's Day Invite	In Gym
2/16/02	Gym Corner	7,8,9,10	Gym Corner Invite	In Gym
2/17/02	x	4 & 6	level 4 & 6 Last Qualifying Date	
2/17/02	Gym Corner	4,5,6	Gym Corner Invite	In Gym
2/17/02	Dynamite	4,5,6,7,8,9,10	Go For It	In Gym
2/17/02	Olympia Gymnastics	4,5,6,7,8,9,10	Booster Invite	In Gym
2/17/02	St. Charles	5,6,7,8,9,10	President's Day Invite	In Gym
2/22/02	Itasca Gymnastics Cen	7,8,9,10	Invite	In Gym
2/23/02	TBD	5	Level 5 Sectionals	TBA
2/23/02	Quincy Gymnastics	5,6	March of Dimes Invite	Quincy HS
2/23/02	Crystal Lake Gymn	7,8,9,10	Mardi Gra	In Gym
2/24/02	Quincy Gymnastics	4,7,8,9,10	March of Dimes Invite	Quincy HS
2/24/02	TBD	5	Level 5 Sectionals	TBA
2/24/02	Crystal Lake Gymn	5,6	Mardi Gra	In Gym
3/1/02	Midwest Academy	4,5,6,7,8,9,10,op	Bravo Classic	St. Benedictine
3/2/02	American Acedemy	4,5,6,7,8,9,10	March Madness	Stevenson HS
3/2/02	Midwest Academy	4,5,6,7,8,9,10,op	Bravo Classic	St. Benedictine
3/3/02	TBD	4, 6	Level 4 Invite Level 6 State	x

3/3/02	Causa's	4,5,6,7,8,9	Qualifier	In Gym
3/3/02	American Acedemy	4,5,6,7,8,9,10	March Madness	Stevenson HS
3/3/02	EGGS	4,5,6,7,8,9,10	EGGS Invite	In Gym
3/3/02	Midwest Academy	4,5,6,7,8,9,10,op	Bravo Classic	St. Benedictine
3/3/02	x	8,9	Level 8,9, Last Qualifying Date	x
3/8/02	Aerial Gym	TBD	Midwest Open	Aerial Arena
3/9/02	TBD	5	Level 5 State Championships	x
3/9/02	Wilmette	5,6,7,8,9,10	Meet	New Trier HS
3/9/02	x	7,10	Level 7,10 Last Qualifying Date	x
3/9/02	Aerial Gym	TBD	Midwest Open	Aerial Arena
3/10/02	TBD	5	Level 5 State Championships	x
3/10/02	Aerial Gym	TBD	Midwest Open	Aerial Arena
3/16/02	Springfield Y	4,5,6,7,8	Leprechaun Leap Meet	In Gym
3/16/02	TBD	8,9	Level 8,9 State Championships	x
3/17/02	TBD	8,9	Level 8,9 State Championships	x
3/23/02	TBD	7, 10	Level 7, 10 State Championships	x
3/24/02	TBD	7,10	Level 7, 10 State Championships	x
4/6/02	TBD	9	Level 9 Regional Championships	x
4/7/02	Causa's	4,5,6,7,8,9	Qualifier	In Gym
4/7/02	TBD	9	Level 9 Regional Championships	x
4/13/02	TBD	10	Level 10 Regional Championships	x
4/14/02	TBD	10	Level 10 Regional Championships	x
4/20/02	Midstate	4,5,6,7,8,9,10	Lincolnland Classic	In Gym
4/21/02	Midstate	4,5,6,7,8,9,10	Lincolnland Classic	In Gym
4/27/02	TBD	9	Level 9 Eastern Championships	x
4/28/02	TBD	9	Level 9 Eastern Championships	x
5/4/02	TBD	8	Level 8 Regional Championships	
5/5/02	TBD	8	Level 8 Regional Championships	
5/9/02	TBD	10	JO Nationals	x
5/10/02	TBD	10	JO Nationals	
5/11/02	TBD	10	JO Nationals	
5/12/02	TBD	10	JO Nationals	

