

REGION 5 ALL-STAR TEAM SELECTION CRITERION

1) **PURPOSE-** The purpose of the Region 5 All-Star team is multidimensional. Some of the reasons for it's existence are.... to recognize and reward our top Junior Olympic and Elite level athletes for their uncompromising devotion to our sport and our region.....to provide experiences designed to enhance the future growth of these athletes.....to provide the coaches of these athletes with experiences designed to enhance their professional growth in our sport..... to spread and nurture a common bond and to establish a "team Spirit" within our region.... and to provide a vehicle from which regional pride can be fostered and delivered.

2) **GOALS-** The goals of the Region 5 board as related to the athletes and coaches and their qualification to the Region 5 All-Star Team are to recognize our top athletes at our annual mini congress banquet. Recognition may take on many forms, but a few words about the accomplishments of the athletes, a video presentation and an awards plaque have been used as the normal procedure in the past. In short we want the athletes within our region to feel special and to believe that Region 5 is the very best place in the country to achieve gymnastics goals.

The regional board also wishes to provide an international competition assignment designed to give experience, international exposure and to enhance regional pride. This assignment will usually be scheduled in mid to late fall so as not to interfere with the normal USAG competitive seasons.

3) **FUNDING-** The international assignment is to be funded by an allocated amount determined by the regional board. These funds will come from the Region 5 Apparel Fund. Athletes will receive priority financial assistance from this allocated budget and then IF funds still remainassistance may be given to the individual coaches/judges in attendance.

The fund will pay for 1) athletes air and transportation 2) athletes lodging at the competition itself 3) the entry fees for the competition 4) delegation gifts for the host organization 5) coach/judge lodging and 6) coach/judge on site transportation.

The allocated budget for the international assignment will be determined based on the financial stability of the Apparel Fund in any given year. The budget will be reviewed each year at the summer board meeting.

4) CRITERION-

The following criterion is to be published periodically in the state and or regional newsletters. This material is vitally important and should be made readily available to our membership in Region 5.

The top 8 Junior Olympic and National Elite athletes, the top 2 Junior International and the top 2 Senior international Elite athletes, based on the following criterion will be named to the Region 5 All-star Team.

1) Athletes must have qualified to their respective national championship event. If an athlete is unable to participate in their qualification event because of injury, they may in turn petition the regional board for consideration to be placed on the All-Star Team based on performance scores from the current year..... in other words what you did last year has no impact on your chances for qualification this year. The petitioning process is by no means a guaranteed way of being placed on the All-Star team but rather to be used for the unusual but obvious circumstance in which an athlete should be named to the team.

2) INTERNATIONAL Elite rankings will be taken from the Championships of the USA.....(top 2 junior international elites and top 2 senior international elites).

3) Junior Olympic rankings will be take from averaging the athletes top 4 all around scores for the current competitive season. An athlete may only use USAG sanctioned scores (AAU, USAIGC and High School scores would not count), they may use only 1 home meet score (any meet hosted by their personal club), they may only use 1 all around score per meet (to avoid “getting lucky” with overly friendly evaluations that certain meets may have..... and to avoid having those scores count as 50% of your All-Star team qualification criterion.) National Elites only have to use 3 all around scores with the same above listed stipulations. Scores to be submitted no later that July 1.

4) Athletes must attend a regional training camp as a display of support for the regional activities and because it is the presence of our top athletes at these training camps that truly provide the camps with credibility and substance..... In other words others learn from watching what and how the “best” are doing things.

5) An athlete must have been an active member within our region for 1 year.

6) J.O. or Elite USA national team members that are assigned to an “out of country” international assignment representing the USA must in turn forfeit their regional assignment to the alternate (the next highest ranked athlete in that particular age group/ level..... in other words a Jr. International would be replaced by the next ranked Jr. International, Sr. by a Sr., and a J.O./National Elite by a J.O./National) Forfeiting the regional assignment does not mean forfeiting their spot on the Region 5 All-Star team for recognition purposes.

REGION 5 ALL-STAR TEAM
INTERNATIONAL ASSIGNMENT
CONDUCT GUIDELINES

- 1) The purpose of the international assignment is to provide a reward system for our athletes and coaches and judges for their dedication and contributions to the sport of gymnastics in our region. Although personal goals and objectives are always important , the overwhelming theme behind our international experiences will be REGION 5 FIRST.
- 2) All Team members, coaches and judges are to participate in accordance with the REGION 5 FIRST THEME. Taking and maintaining this TEAM approach will help insure that the event will be a positive experience as possible.
- 3) Anytime that you put a large group of people together in any endeavor.... you will encounter differences of opinion. Differences of opinion should be dealt with professionally in open team meetings. Should a solution not be agreeable there needs to be a place where the “buck stops”. In these cases the decision rests with the delegation leader(s).
- 4) On site travel plans, itinerary items should be discussed as a group but once again the final agenda will be determined by the delegation leader(s).
- 5) Region 5 Team apparel and coaching apparel should be worn when appropriate..... training sessions, airports, competitions etc.
- 6) In the event of finals.... it has been the position of the region to get as many Region 5 athletes exposure to international finals as possible. Therefore if we can get more region 5 Athletes into finals by scratching someone who has qualified on multiple events then that is what should be done.
- 7) Workout times, structure, format, rotation times etc will be set at a team meeting with the final decision being announced by the delegation leader. Once again should there be differences of opinion the delegation leader has the final say and all members of the delegation are expected to adhere to those decisions.
- 8) Attending parents should remember that the experience is for regional bonding and NOT a family vacation. Parents may attend, but should realize that all decision regarding itinerary and related activities are decided by the attending coaching staff. Parents may not separate their child from the group for any reason.