

ILLINOIS USAG NEWSLETTER

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The newsletter will be published when we have enough information to be sent out.

ADVERTISING IN THE USAG NEWSLETTER

Rates for advertising

- 1/4 page \$20
- 1/2 page \$30
- 3/4 page \$40
- full page \$50

You may advertise for your upcoming meets. We do not accept advertisements from clubs wanting a new coach. We do accept coaches' applications looking for a job though.

Payable to IL-WPC

VISIT THE ILLINOIS WEB PAGE AT

www.Region5/Illinois.com

**Election Ballots must be postmarked by
June 15th.**

Meet scheduling
If you know when you would like to host a

meet next year please go ahead and email Norbert so he can get the meet on the calendar.

NAWGJ will have a gathering after each of the Compulsory Workshops for any one interested in becoming a judge, or anyone who wants to hang out and ask questions about judging. The place will be announced at each workshop and will go for about an hour after the completion of the workshop at a near by establishment. NAWGJ will spring for some appetizers. Hope to see you there!

Important Dates:

Compulsory Workshops

**June 18th – Peoria
June 25th – Romeoville
June 26th- Bolingbrook**

State Congress

**July 23-24
Itasca Park District**

State Training Camp

July 25th

Awards Banquet

**June 25th
Double Tree
Downers Grove**

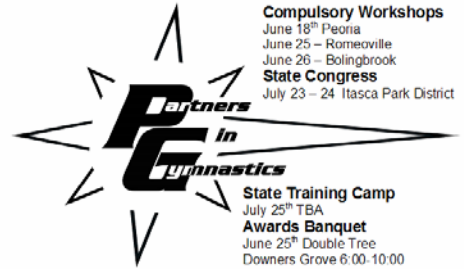
For all the information on any of the above items please check the web site. Sign up sheets will be found there.



For the most up to date information Please visit the Illinois Web Page
Region5.com/Illinois 5.com/Illinois

Illinois State Administrative Committee Chairman's Report

May June 05



Elections: Please take the responsibility of casting your vote for YOUR representatives on the Illinois State Committee. This is your voice on the Committee.

Prior to Voting, Please **review, evaluate, and consider** the following items:

- Job description per Committee Position stated in the last newsletter and listed below
- Past Performance (work ethics) as a Committee (Board) Member and/or USAG Professional Member
- Whom you believe would represent the “total Picture” of Illinois USAG (clubs, coaches, Judges, meet Directors, etc.). This person must be able to make decisions that are best for Gymnastics, the athletes, Illinois, Region 5, and not the interests of a few.

**Please Vote For ONE
of these candidates**
Using the enclosed Ballot
Candidates Listed Alphabetically

**Congratulations to the following who
ran Un-opposed and have been re
elected to the 2005-2007 Illinois State
Committee**
State Chair casts single vote to elect

Level 5 Steve Cacchione
Judy Redmond

Level 7	Cyndi Zimmerman
Level 9	Randy Parrish
JO	Randy Peebles
Safety	Don McPherson

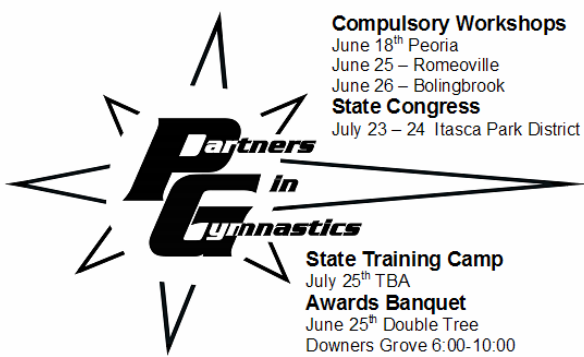
Level Chairman's responsibilities

- 1) Knowledgeable with both Illinois and USAG Rules and Policies
- 2) Able to make decisions for the good of the entire USAG program and to be able to differentiate between that and their own interests
- 3) Be the State Chairperson for their particular level
 - a) Track participant's in and out of their particular level
 - b) Be present and assist in the State Series meets
 - c) If Level has a regional meet
 - i) Help in making sure that Region personnel are up to date with all information needed
 - ii) Be at the meet if possible to help in the distribution of the State Gift
- 4) Access to Pentium computer
 - a) Microsoft Office would be a great addition since most of the communications that are sent between the state Committee are in that format
- 5) A secure email address
- 6) A Fax machine that is confidential
- 7) Ability to attend all Committee meetings usually 3-4 a year & at most major gymnastics event (state meet State Congress, Regional Congress) etc.
- 8) The understanding that this position has an area of confidentiality

ATTENTION USAG PROFESSIONAL MEMBERS:

Sign up now for the Illinois USAG newsletter via email!

If you have a current USAG pro number, you are eligible to receive the newsletter in your email right when it comes out . **Sign up now**



We now have the ability to submit forms on line. Please visit the Illinois Website for on line forms. The training camps and workshops will fill fast so please get registered NOW.

☺ [Compulsory Workshop Registration Form](#)

☺ [Training Camp Registration Form](#)

- State Training Camp will be hosted at the Aerial Gym Club (Downers Grove)

☺ [State Congress Registration Form](#)

☺ **Award Banquet:** This is a reminder to everyone that the banquet payments are due.

Looking for National, Eastern Senior Video We are looking for video for the awards banquet that we can play during the dinner. WE are also looking for someone that might be interested in putting together. Please contact NorbertIL@aol.com.

State Meet Entries will now be done on line For the 05-06 Season we will be **requiring** ALL STATE SERIES MEET ENTRIES to be performed **on line**. Please start planning now for this. If you presently do not have the ability to go On-line PLEASE START now and secure a way. This will make the entire Procedure less complicated for all those involved.

Positives:

1. Presently we require all entries to be filled out and typewritten. This has caused much confusion and frustration the last years. This will solve this problem
2. Incomplete forms have created problems for the meet directors. In order to submit the Entry all items will be required to be filled out or it will not send. (similar to other forms that you might have filled out on line)
3. Lost in mail, Fax not received. This will be eliminated and a confirmation email will also receive confirming that your from has been submitted.
4. My submitting in this format electronic bits will be forwarded to the meet director
 - a) Allowing meet director to copy paste into his meet program
 - b) This will decrease mistakes
 - c) Allow quicker time schedule of meet to be distributed

State Series 05-06

☺ **Level 8, 9 10 State Championships** March 10th, 11th, 12th

☺ **Level 6, 7 state Championship** March 25th, 26th

☺ **Level 4, 5 State Championship** March 18th 19th

Rationale: for combining state series meets again:

1. We fielded many complaints as to the length of the Level 4, 5 season last year. We heard you and now it is earlier in the season.
2. Many of you were concerned as the number of weekends that were taken with State, Regional, and National meets in March, April, May. With this schedule we have eliminated 2 weekends.
3. Lack of State Series Meet Bids. We actually had to seek 2 meet directors for state meets last year.

Reasons that we have heard why Clubs are not bidding for State Series

- a. State Series were not profitable due to small state meets.
- b. Profit not sufficient to help Booster clubs effort

We are looking for bids for these meets
Please fill out the on-line form when available

Level 10 Nationals: We wish to congratulate those Illinois gymnasts that represented Region 5 at Level 10 Junior Olympic Championships in California. We once again had a large contingency from Illinois going. Results are posted on the National Website.usa-gymnastics.org and on Region5.com/Illinois. A pictorial display of all those that qualified are posted on the Illinois site as well. Region 5 once again won the overall Team and 3 age groups. Go REGION 5

Level 9 Easterns: Congrats to those athletes from Illinois that Represented Region 5 at the Eastern Level 9 Championships in Florida . Results are posted on the National Website.usa-gymnastics.org and on Region5.com/Illinois. A pictorial display of all those that qualified are posted on the Illinois site as well.

Level 8 Regional State Teams Congratulations to our Level8 State Teams who did an exceptional job representing the State of Illinois. You made the State and the coaches proud of your exemplary performances.From: MaryJoe Illinois Level 8 Committee

NAWGJ will have a gathering after each of the Compulsory Workshops for any one interested in becoming a judge, or any one who wants to hang out & ask questions about judging. The place will be announced at each workshop and will go for about an hour after the completion of the workshop at a nearby establishment. NAWGJ will spring for some appetizers. Hope to see you there!

Attention Meet Directors Meet Scheduling

- Is presently taking place on line
- If we need we will have final Scheduling meeting sometime during State Congress
 - Due May 10th Meet Requests (only one per Club right now)
 - due June 10th any additional Meets (in Hand NorbertIL@aol.com)
 - Please keep eye on website for additional information & many weekends full.



Region 5 Apparel Fund: Let's do our part. Every year our Regional athletes recognize how truly great it is to be a Region 5 Level 10 National Qualifier. The Region goes out of its way to supply the athletes with a plethora of Apparel. With Illinois success this year please keep this fund in mind. Thank you.

Super Camp Site needed: Chicagoland/Suburbs gyms interested in hosting Super Camp please contact Dan @ aerialarena@peoplepc.com.

All Star Team: Reminder to those eligible to get their all star team scores into John Geddert by July 1.

- 1) Top 4 AA scores from USAG sanctioned competitions verified with official meet score sheets.
- 2) No more than 1 score from a HOME MEET (other than states and Regionals)
- 3) Athletes must have attended 1 of the 05 training camps (Super, High Tech, Hot Shot or Forward Progress)
- 4) Athletes must have been an active region 5 club member since September 05.
- 5) Only one score may be used from any one meet (i.e. may not use pre-lims and finals from same meet)

Regional Meet Bids For 2006(4-25-05) Regional meet bids for 2005-2006 season should be submitted to PeaceKK@aol.com or sent to Kathy Shufflin. In hand by June 10, 2005 Meet Bids will be assigned at the Regional Committee meeting June 19, 2005.

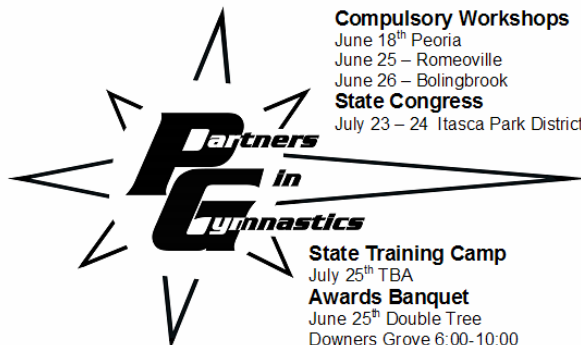
Clarification: It was incorrectly stated in the last newsletter that there would be a Regional Congress this year

THERE IS NO REGIONAL CONGRESS THIS YEAR

We are sorry for any inconvenience that this might have produced

2005 Illinois Compulsory Workshops

Illinois USA Gymnastics will be hosting 3 Compulsory Workshops this summer. Master Clinicians will teach the Balance Beam and Floor Exercise routines for level 4, 5, and 6. A panel of three will present each event. Clinicians will be selected based upon technical reputation, experience, attendance at Louisville or Reno, and availability to teach at the Workshops and Congress.



June 18	9:00-4:00	The Clubs at River City, Peoria
June 25	9:00-4:00	Romeoville Park District,
June 26	9:00-4:00	Bolingbrook Park District

The Workshops are designed for a maximum of 120 participants, coaches, judges, professional members and a limited numbers of gymnasts. Each gym may send up to two gymnasts per level, 4, 5, and 6. The fee for all participants is \$50 including lunch. The Workshop is “active participation” with ½ of the participants learning level 4, 5, 6 Beam, while the other ½ is doing the same with Floor Exercise. The groups will spend three hours working followed by a lunch break. The groups will then will switch events and continue to work for another three hours. The Workshop will be held in large air-conditioned gymnasiums, not on gymnastics equipment. The Workshops will be a great opportunity to learn new routines side by side, coaches, gymnasts and judges. Also, swimming is available at the Bolingbrook Water Parks. This is separate from the Workshop; there is an additional fee of \$8.00, park closes at 6:00. Visit their web page.

REGISTRATION: Forms are available on-line at www.region5.com/Illinois
Judges, coaches, professional members may use the form as “individual”, disregard club information. Please mail in your check.

Additional Workshops will be held if the above dates fill. If June 18th fills and numbers merit, there will be an additional Workshop June 17th at The Clubs at River City. If both June 25 and 26 fill the additional Workshop will be June 18 at Stevenson High School.

List of Clinicians

Peoria June 18

Dawnita Teague
Judy Redmond
Margaret Koczwana
Beverly Stevens
Sandy Oldham
Kathie Gebhardt

Romeoville June 25

Dawnita Teague
Judy Redmond
Margaret Koczwana
Beverly Stevens
Joanne Doherty
Chris Deck
Terri Crumley
Betty Axelson
Kathie Gebhardt

Bolingbrook June 26

Dawnita Teague
Judy Redmond
Margaret Koczwana
Beverly Stevens
Joanne Doherty
Chris Deck
Sandy Oldham
Betty Axelson
Patrice McPherson

Illinois State Senior and Awards Banquet

The Banquet is June 25th from 6:00 to 10:00 at the Double Tree in Downers Grove. The cost is \$26.00 per person and the form is on-line. Everyone is invited to celebrate Illinois gymnastics. Illinois will honor our Senior gymnasts, the Elite gymnasts, National Champions and National and Regional qualifiers. Also, State

Champions at all levels will be recognized. Deadline extended to June 6 so it's not too late to get your reservation in.

Illinois State Congress

The dates are July 23 and 24th at Itasca Park District. The fee individual fee is \$75, or register with a club, the club fee is a flat \$300. The guest clinicians are Connie Maloney, Neil and Patty Resnick. Many Illinois coaches and judges will be lecturing. The Congress is for all coaches, judges and professional members. All aspects of our sport will be presented: team, recreational, preschool, as well as the safety test and cheerleading, Connie Maloney will lecture on J.O. Updates and the new optional rules. Master clinicians will teach the new compulsories. There will be lectures on judging level 5 through 10. The emphasis will be on the information from Louisville, Reno, and the NAWGJ National Symposium.

Illinois Training Camp

July 25th will be the Illinois Training Camp. It will be organized differently than in years past. Neil and Patty Resnick are helping to re-structure and will coach. The numbers will be limited. The Training Camp will be for both athletes and coaches. The fee is \$50.00 for all gymnasts and coaches. Coaches attending Congress or with gymnasts registered in the Training Camp are free.

There will be two Training camps on July 25th: Both Camps will stress basics and technical execution. The first Camp is designed for the compulsory gymnast. The second Camp will feature optional skill development for the optional gymnast. Neil and Patty will direct a Master Staff and attending coaches on the basics, drills, progressions, and problem solving. Squads, limited to 12, will be instructed on 6 stations: Vault, Bars, Beam, Tumbling, Dance and Trampoline.

Steve Cacchione

Objective I am running for the position of Level 5 State Chair. I would be honored to represent our sport as a member of the Illinois State Board.

Summary of Qualifications Owner of American Eagles Gymnastics with my wife, Jenny. I have been involved in the sport of gymnastics as a competitor, administrator and coach all of my life through my parents and grandparents involvement in Sokol USA and then in USAG. Coach of all levels of rec and competitive boys and girls gymnastics for over 30 years.

Professional experience

Sokol USA-Lodge 306 Chicago

An active gymnastics member and competitor locally, nationally and internationally from 1969-1992.

Boy's and Girl's competitive team gymnastics coach from 1975-1992.

Lodge Director of Men's and Women's Gymnastics.
District Director of Men's and Women's Gymnastics.
National Convention Representative as delegate of District, voting on Sokol Rules and Policies.
Assisted in the organization and presentation of the National Slet (exhibition and competition) held in Indianapolis, IN in 1991.

USA-Gymnastics

1993-1995: Girl's Team head coach at USGTC, Lake Zurich, IL.
1995-1996: Girl's Team coach at All Star Gymnastics, Mundelein, IL.
1996-1999: Girls Team head coach, Mt. Prospect P.D., Mt. Prospect, IL.
2001-2002: Head coach and manager of TGAC, Lake in the Hills, IL
2000-present: Owner/head coach of Girls and Boys Teams, American Eagles Gymnastics, Round Lake Beach, IL.

Additional professional activities I have attended numerous State, Regional and National Congresses over the past 12 years as a Professional Member of USAG.

My wife and I have hosted several gymnastics meets and exhibitions.
Attending Louisville Compulsory Clinic/Technical Symposium June 3-5, 2005

I would be honored to serve our sport as a member of the State Board. Thank you for your consideration.

Judy Redmond

Candidate: Level 5 Chairman

I have a BS in Physical Education from Springfield College, Springfield, MA. I taught physical education in the public schools in Hartford, CT. where I implemented a city-wide intramural gymnastics competition on for grades 4-8.

My gymnastics experience includes: USGF State Chairman/IL, IL JO Chairman, Prairie State Games Gymnastics Chairman, YMCA Gymnastics Chairman, high school coach, club owner, head coach, member of NAWGJ, a Level 9 Judge and Il State Training Camp Director.

As a club owner, our business serves not only the private sector but the public sector as well as providing curriculum and staff to over twelve park districts and recreation departments. My commitment has always been to provide safe, quality gymnastics instruction to children. I believe the sport has such positive outcomes that it should not be limited by income which is why I have been involved in the YMCA and park district/recreation department systems.

I have enjoyed, again serving on the State Committee these past 2 years. I think the implementation of the new Level 5 state meet system has been very positive move for the state. This system has been good for these young gymnasts and their families. Illinois is an important part of the regional and national scene. I would like to continue to be part of the administration of gymnastic sin Illinois.

As a teacher, coach, official, parent, and grandparent, I am aware of all the aspects of the spot. I feel that I have the commitment and the credentials to continue to do a good job and I ask for your support.