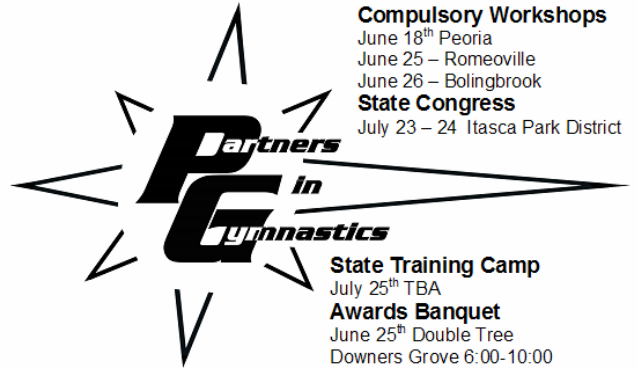




**Illinois USA Women's
Gymnastics Newsletter**
March –April 05
Region5.com/Illinois



Compulsory Workshops
June 18th Peoria
June 25 – Romeoville
June 26 – Bolingbrook
State Congress
July 23 – 24 Itasca Park District

State Training Camp
July 25th TBA
Awards Banquet
June 25th Double Tree
Downers Grove 6:00-10:00

News



Elections 2004 The following positions are up for Election this year

- **Junior Olympic Chair**
- **Level 9 Chairman**
- **Level 7 Chairman**
- **Level 5 Chairman**
- **Safety Chairman**



- ◆ Nominations due May 10th
- ◆ Resumes due May 20th, to Terry Theobald
 - ◆ faxed 847-699-1187,
 - ◆ emailed TTheobald@aol.com
- ◆ Please realize that our committee chairs often wear many hats. Please make sure that the person that you nominate is capable of realizing which hat they are wearing and when.
- ◆ Please review the Nominations form for the upcoming elections. It is very important that you have the representation that you wish on our Committee. We try to represent your feelings as best as we can and it starts with the procedure of nomination.
- ◆ Please make sure that you have contacted the person that you are nominating. They must be aware and agree with their nominations.
- ◆ This job is a very important one. The following characteristics are important before nominating.

JO Chairman's responsibilities

- 1) Knowledgeable with both Illinois and USAG Rules and Policies
- 2) Able to make decisions for the good of the entire USAG program and to be able to differentiate between that and their own interests
- 3) Serve on the State Series Judges Selection Sub- Committee
- 4) Over see Level Chairs in the planning of their Competition
- 5) Track the awards required at each level
 - a) Order
 - b) Distribute to meet directors
 - c) Keep track of Financials relating to the Awards
 - d) Be present and assist in the State Series meets if Level Chair is unable
 - e) If Level has a regional meet
 - i) Help in making sure that Region personnel are up to date with all information needed
 - ii) Be at the meet if possible to help in the distribution of the State Gift
- 6) Gathering Senior information, plaque orders
- 7) Regional Leotards distribution and Regional coaches shirts.
- 8) Access to Pentium computer
 - a) Microsoft Office would be a great addition since most of the communications that are sent between the state Committee are in that format
- 9) A secure email address
- 10) A Fax machine that is confidential

- 11) Ability to attend all Committee meetings usually 3-4 a year & at most major gymnastics event (state meet, State Congress, Regional Congress) etc.
- 12) The understanding that this position has an area of confidentiality
- 13) Prior Committee Position is strongly suggested

Level Chairman's Responsibilities

- 1) Be a USAG member in Good Standing
- 2) Knowledgeable with both Illinois and USAG R&P.
- 3) Be able to make decisions for the good of the entire USAG program and to be able to differentiate between that and their own interests.
- 4) Be the State Chairperson for their particular level.
- 5) Track participant's "in" and "out" of their specific level.
- 6) Be present and assist in the State Meet Series.
 - a) Work with the Meet Director to ensure that the meet run according to all of the rules that apply.
 - b) Establish age groups for level.
- 7) Level 8/9/10
 - i) Keep the Region, National Personnel updated with all necessary information.
 - ii) Be present at the Regional Meet ,if possible, to distribute the state gift.
- 8) Have access to a Pentium computer
 - a) Microsoft Office is advisable since most of the communications that are sent among the State Committee is sent in that format.
- 9) Have a secure email address.
- 10) Have a fax machine that is confidential.
- 11) Be able to attend all Committee meetings usually 3-4 annually, held at most major gymnastics events (State Meet, State Congress, Regional Congress etc.).
- 12) Understand that this position has the responsibility of confidentiality.

Safety Chairman's responsibilities

- 1) Knowledgeable with both Illinois and USAG Rules and Policies
- 2) Able to make decisions for the good of the entire USAG program and to be able to differentiate between that and their own interests
- 3) Recognized by the National Office as person that understands, educates, represents the utmost in Safety consciousness
- 4) Has a working understanding of all levels of Safety implementation from knowledge of the court systems, meet safety, Gym safety, etc.
- 5) Access to Pentium computer
 - a) Microsoft Office would be a great addition since most of the communications that are sent between the state Committee are in that format
- 6) A secure email address
- 7) A Fax machine that is confidential
- 8) Ability to attend all Committee meetings usually 3-4 a year & at most major gymnastics event (state meet State Congress, Regional Congress) etc.
- 9) The understanding that this position has an area of confidentiality
- 10) Prior Committee Position is strongly suggested

Level 9 Easterns / JO National Qualifiers

We are doing something exciting on the Webpage. We are putting the gymnast that made it to national's pictures on the ILUSAG State website and would like you to email individual photos of your gymnasts that made it to national. Please email them to gymmom4@aol.com and make sure to identify each gymnast. Look at the link below to see webpage that is under construction.

www.region5.com/illinois/congratulations.htm

Thank you
Cyndi Zimmerman

Meet Scheduling Reminder to all **Meet directors**. In hand, your written intentions for Priority 2, 3 meets by the deadlines listed below. Only 1 meet per Club is being accepted at this time. Please send via NorbertL@aol.com

- OUT OF HOUSE Priority 2 meets **by May 10th**
 - These will be posted on the website so that Meet Directors for other OUT OF HOUSE meets can be aware of how the schedule is shaping up.
- HISTORIC IN HOUSE Priority 3 Meets **From May 10th – May 31.**

Meet Directors please keep your eye on the website page <http://region5.com/illinois/calendar%200506.htm> for changes in the schedule. As the weeks fill up we will be asking meet directors to move their meets if necessary. Again we are trying to do as much of this Procedure this year over the Internet vs. an actual Meeting

State TOPS Manager Illinois TOP State manager is DOUG MILLER from IGI. (dmiller@igigymnastics.com). He will be attending a meeting in Houston April 30- May1 where he will meet the rest of the states appointed positions. These positions were appointed by Gary Warren from the National office. These managers will oversee State TOPS testing. All the TOP State manager will meet at Houston April 30th/ May1 for training.

June 18, 2005		Tops	IGI	Tops Testing
July 30, 2005		Tops	IGI	Tops Testing



Nominations for the following Regional Committee positions are currently taking place:
as posted on the Regional Site region5.com

- Region V Technical Chairman (currently Char Christensen)
- Region JO Chairman (currently John Geddart)

Job descriptions for the two positions are in the "*2004-2005 Women's Program Rules and Policies*" pg. xiv.

Nominations are due to Kathy Koeth Shufflin by April 20, 2005. Kathy's e-mail is peacekk@aol.com - 3/22/2005

Regional Training Camps: Dates but no sites

Please review the Illinois R&P or the Region5.com website for camp requirements.

Aug. 5-7 Super Camp
Sept. 9-11 Hot Shot Camp
Oct. 7-9 High Tech Camp
Nov. 4-6 Forward Progress Camp

If anyone is interested in hosting one of the camps please contact Dan Miller @ 815-730-7453 or email me at aerialarena@peoplepc.com. I will be sending out specifics for each camp along with registration info soon.

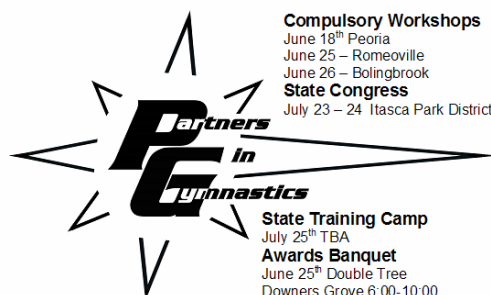
Thanks, Dan the Coach

Illinois "Partners in Gymnastics"

- Chairman Cyndi Zimmerman gymmom4@aol.com

Compulsory Workshops For Coaches/Gymnasts to learn the new compulsory from a Master Staff

- June 18 - Peoria
- June 25 - Romeoville
- June 26 - Bolingbrook



State Congress @ Itasca Park District ([State Congress Form](#) on line)
July 23 & 24

For Coaches of all levels, Judges to learn the latest in All aspects of our Sport, Preschool, Recreational, Safety Tests, Cheerleading, JO updates

- Connie Maloney (USAG Women's JO Program Manager)
- Neil and Patty Resnick
- Many of Illinois Great Coaches

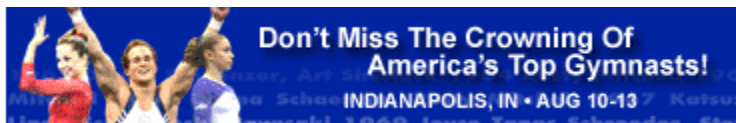
State Training Camps @ TBA ([State Training Camp Form on line](#))
July 25th

For Our Athletes, Coaches to learn the latest in drills for the new compulsory and pre-Optionals

State Awards Banquet @ Double Tree June 25th 6:00 – 10:00

Region 5 Apparel Fund: Lets do our part. Every year our Regional athletes recognize how truly great it is to be a Region 5 Level 10 National Qualifier. The Region goes out of its way to supply the athletes with a plethora of Apparel. With Illinois success this year please keep this fund in mind. Thanks.

Region 5 Golf Outing All proceeds will go to the Region 5 Apparel Fund. More information on this at a later date. Please keep looking on the website for more info.



This is a marquee event, as you know; this event will determine our national champions and U.S. national team members, and who

will represent the United States in international competitions. Go to this link for More information.
<http://www.usa-gymnastics.org/events/2005/champs/>

ILLINOIS USAG STATE Committee NOMINATION FORM

Your Name _____

USAG # _____ Telephone # _____

Nominee's Name _____

Telephone # _____

Position Nominated For _____

I have contacted the above named individual and have his/her permission to nominate him/her for the position stated above.

Signed _____ Date _____

** Fill out the form completely and mail it to
Terry Theobald, Election Commissioner,.
1186 Oakwood Avenue
Des Plaines, Ill. 60016

You may also fax it to Terry at (847) 699-1187 or email him at TTheobald@aol.com .
All nominees must have a resume sent in by May 20, 2005. Nomination forms are due in hand by May 20, 2005.