



Illinois State Administrative Norbert Bendixen Committee Chairman's Report End of Summer 02

For the most up to date information Please visit the Illinois Web Page
Region5.com/Illinois 5.com/Illinois

National Silver Quill-

Illinois received the National Quill Award. This award is given to the State that exhibits a great newsletter, Websites, and other communication devises. This year we received it for the Rules and Policies CD. I would like to thank the Illinois State Committee and Especially Jay MURPHY for their idea and Jay's implementation of the Rules & Policies CD. Thanks again Guys!

Professional Development Program (PDP)

Professional Development Program Objectives

- Provide general and sport-specific information critical for entry level gymnastics coaches and instructors.
- Offer program components that are cost efficient, flexible, and easy to implement and administer.
- Develop a recognition system to acknowledge participation and program achievements.
- Provide a general program for coaches and instructors of all gymnastics disciplines.



Could you please get back to Kurt on this as soon as possible.

I am trying to line up a PDCP course by year's end here at the gym. Could you please send an e-mail to EVERYONE in the state that has e-mail to find out how many are interested. I'm looking at sometime in November. Most likely the 16th/17th if there is enough interest. However, I only have about 2 weeks to let the National Office know.

Kurt Aichele kaichele@attglobal.net



State Series 2002-

- Level 5 Sectional March 1st, 2nd 2003
 - North West Palatine, Naperville, Gymnastics Academy Rockford
 - North East American Academy, Illinois Gymnastics Institute, Oak Lawn Park District,
 - South **Quincy Gymnastics**
 - Last qualifying weekend February 9th

□ Level 4 State Invite March 8th 9th 2003 w/Le 6 State **Still Bids needed**

- Entry Deadline weekend February 16th

- Level 6 State March 8th, 9th 2003 **Still Bids needed**
 - Last qualifying weekend February 16th

- Level 9, 10 State March 15th, 16th 2003 **Still Bids Needed**
 - Last qualifying weekend Feb 23rd

- Level 5 State **March 22nd, 23rd, 2003** Bids needed
- Level 7 & 8 State **March 29th, 30th 2003** Bids Needed
 - Last qualifying weekend March 9th

Bids must be completely filled out or we will be forced to withdraw the Bid from consideration.
Deadline Sept 10th IN HAND

RULES AND POLICIES 2002-2003 The 2002-2003 Rules and policies will be available **On Line** by September 1st

We will again be sending CD's to all Professional Members and All CLUBS postmarked by September 15th
 If a club wishes a Hard Copy we will send them one By September 20th.

A post card will be sent out asking those Professional Members that do not wish to receive one. Simply reply and we will not send one. This will be to cut waste in CD and Mailing Costs.

ELECTIONS 2002

Level 6 Election Due to lack of a Nomination for the Level 6 position we re-opened the nomination process.

1. Review and read Carefully the resume
2. Please re-read the qualification requirements that have been printed in previous newsletters
- 3. Return enclosed Ballot IN HAND by September 15th**
 - Fax 847-949-6241
 - Email TTheobald@aol.com
 - Mail to Terry Theobald 200 S. Shaddle Ave. Mundelein IL 60060

Championships of the USA Kristina Comforte, Kelly Fee, Elizabeth Tricase competed at the Championships of the USA in Cleveland. They had a great meet Here are their results and places

6 169 TRICASE, Elizabeth IGI 9.700 8.975 8.000 9.275 35.950

Senior Women's Highlights - Aug. 8

Round 4 Summary

- Liz Tricase on first vault had a sky high double twisting layout yurchenko. The second vault is a round off half on pike front off.

Round 3 Summary

- Liz Tricase powerful tumbling, whip half double front step out of bounds, second pass double layout, third pass huge full out, cat leap double, final pass triple full... full of energy great routine!

Round 2 Summary

- Elizabeth Tricase on beam straddle full, flip flop layout two feet with a fall, triple full dismount.

Round 1 Summary

- Liz Tricase on bars big toe on reverse hect, shaposhnikova then big tkatchev, nice layout full out dismount, spectacular height.

11	102	COMFORTE, Kristina	Prelims	9.500	8.700	8.150	9.025	35.375(6)
		IGI	Finals	9.500	8.350	8.075	8.225	34.150(21)
21	106	FEE, Kelly	Prelims	8.725	8.325	7.825	8.725	33.600(20)
		IGI	Finals	8.650	8.550	8.200	8.700	34.100(22)





USA Gymnastics Hall Of Fame **Betty**

Okino was inducted into the USA Gymnastics Hall of Fame during the USA Congress. Betty was raised in Illinois and Competed through the Elite level here in Illinois. Andy (Energym) and myself had the surprise pleasure of being placed at their Table at the Banquet. Aurlia, Betty's mom, her Dad, Gloria (Betty's sister) and Betty we present. We are proud of Betty and Wish her family congratulations on her success. Here is a link to her website for those interested in keeping up with her acting career.

<http://www.sportshollywood.com/askokino.html>

Regional Committee meeting Cleveland Ohio



Regional Meet Bids

Level 8 was awarded to Debra Love and Tina Salamah Blue Grass Gymnastics

Level 9 Regionals at time of printing there are no bids but I know that Energym is bidding on this meet

Level 10 Regionals was awarded to TWISTARS Gymnastics

Level 8 Regional Format

- There will be a **Qualifying Score** from State to Regionals. So that every gymnast that leaves their respective State Meet will know that they have qualified.
- Regional age groups will set **AFTER all the State Competitions** have been competed and Regional entries received. The number of age groups will be determined at a later date but will have a separate session for each age group.
- Top 4 scores will be used to determined the State Team scores. The number of athletes in teams to be determined later.
- State Teams will be derived by Rank Order of their State Athletes within the State by Age Groups. These teams **will rotate around the Gym as a State Team** and the remainder gymnasts will be All-Star's but in a separate rotation. This is most similar to what last year's Regional Meet, JO Nationals.

Clinicians Needed: As usual we are asking all coaches to contribute to the camps by donating one weekend as a clinician.... Please email me back with your choice of camps (1st and 2nd choices) and the event where you feel you could help the most.

HOT SHOT CAMP- FLYTZ

Sept. 6-8

Respond ASAP ...this will help this process John

HI-TECH- Tentatively ANN

ARBOR at U of M- Oct 4-6

FORWARD PROGRESS-

IGI- Chicago- Nov1-3



National R&P

Please be aware that the National R&P (formerly known as the Pink book **WILL NO**



LONGER BE MAILED but here are you options

- ❑ The complete National R&P will available for Download from the National Gymnastics Website USA-Gymnastics.org
- ❑ If released in time we will have on the Illinois Rules and Policies R&P
- ❑ If you call Memberships serviced at 800-345-4719 they will mail you a hard copy (If you are a Current Pro-member)

I know that this will seem like a Shock and unexpected, but the electronic age is still coming. I am happy that the USAG is still transitioning in the ability to receive a Hard Copy if you are unable to use the internet. BUT..... It is quickly moving (in all aspects to our life) to an Electronic and paperless society so please understand this and get prepared.

Skill Evaluator Skill Evaluator Exam will no longer Be REQUIRED but **Highly RECOMMENDED**

Errors The National Membership office would like to make all of us aware that **All errors** that may have been happening last year i.e. No USAG Cards, many USAG Cards, No Renewal Notices, no information, HAS BEEN Fixed effective Dates MAY 15th. Any errors now are now errors that would be the responsibility of the Members information being correct

- ❑ in Membership Cards
- ❑ Renewal Notice
- ❑ USA Gymnastics Magazine
- ❑ Technique
- ❑ Illinois Newsletter

HELP NEED we are in this all together Please remember that we are 1 community. Loosing SIU, NIU, College of Dupage, ISU and others have had a tremendous effect on all of our programs. Please look at the influence that these programs had on Illinois Gymnastics. Many of us are in the system coaching. Please read both pleas and see what we can do. Thanks!

1)To: USA Gymnastics Community

Fr: Doug Van Everen, Head Coach, Army

Re: Fundraising plan to help college programs

Below is a cover letter and a donation form for the first ever program to support college gymnastics. This is the Official fundraising program for the College Gymnastics Association. We are asking for your help now. Please read the following and sign up to support this great cause. Below you will see the approach we are seeking. Please pass this e-mail around to all gymnasts, parents, coaches, club owners, business leaders, and interested parties. As you are all aware, we are getting too close to the end of this great opportunity, and it is time to do something about it.

Thank you for your support.

OPEN LETTER TO THE USA GYMNASTICS COMMUNITY

As a former gymnast, judge, Men's Representative to the USGF (USA-Gymnastics) National Board of Directors, and current JO men's coach, I view the Men's Inter-Collegiate Gymnastics Program as our collective responsibility to preserve, protect and expand. It is my belief that the entire gymnastics community has a responsibility to ensure future collegiate gymnastics opportunities for the current and future generations of gymnasts. If we, as a national gymnastics community do not step up to the plate for this program, nobody else will.

The Men's Inter-Collegiate Gymnastics Support Program (MIGSP) has been established for the purpose of ensuing long term viability of men's collegiate gymnastics. This program received unanimous support and endorsement from the Men's College Gymnastics Association (CGA) during the Cleveland Congress. There are four prongs to the fund raising approach. These include: individual donations, club donations, business / gymnastics vendor donations, and special events. Regardless, though, the success of this program is dependent on all of us, (INCLUDING YOU) to make a small financial commitment over an enduring time

period.

Therefore, I hereby issue a \$10 per Month Challenge to any and all coaches, former coaches, gymnasts, former gymnasts, judges, former judges, parents of gymnasts, and parents of former gymnasts to contribute \$10 per month to this cause. If you think about it, almost everyone wastes \$10 a month on something he or she does not need. In fact, for many people, \$10 per month has been unceremoniously wasted on a regular basis on Friday or Saturday nights throughout eternity. The least we can do as individuals who have benefited (and will benefit) from the existence of men's collegiate gymnastics is to redirect some of that revenue stream to this worthy cause.

The mechanics of this donation in perpetuity is quite simple. Just complete the attached form and send it MIGSP. Your checking or savings account will be automatically debited and the funds will be transferred into the MIGSP account.. The Automated Clearing House (ACH) system provided by "e-checkcentral" will do the processing on the day of the month which you designate. You will barely feel it but you will know you are helping tremendously to support men's college gymnastics.

Of course, all one time donations will be appreciated, but the best course of action, in my mind, is to ensure an on-going revenue stream upon which this effort can rely. If you are in a position to contribute \$25 up front to jump start the MIGSP, please include a check along with the attached sign-up form. Any and all donations should be made payable to Men's Inter-collegiate Gymnastics Support Program (MIGSP) and sent to:

MIGSP

5215 Third Avenue South

Minneapolis, MN 55419

Best regards,

Bob Wuornos

A. In order of importance, we must secure:

1. \$10 per month commitments from every CGA coach by the end of this month.
2. \$10 per month commitments from 25 % of JO Coaches by the middle of September.
3. \$10 per month commitments from 25% of NGJA member Judge by mid September.
4. \$25 per month commitments from 10 % of USAG Clubs.

B. Then we must begin working on:

1. parents of current JO gymnasts
2. college booster clubs and alumni
3. gymnastics vendors.
4. 'former gymnast' owned businesses

2) Dear Gymnastics Club Owner,

Southeast Missouri State University is currently investigating the possibility of dropping their Women's Gymnastics Program. The administrators are attempting to justify this by declaring that the sport of gymnastics does not serve the interests and abilities of young women in our area. Although the "area" hasn't been strictly defined, we're surveying Missouri and several counties in Tennessee, Arkansas, Kentucky, and Illinois.

I am certain they do not realize the magnitude of interest and participation in our sport, mostly because of the absence of gymnastics in the high schools.

Southeast Missouri State University has had a very long and successful program. It would be very unfortunate if the administrators make their decision without all of the information. I thank you in advance for all your help.

The Southeast Gymnastics Program would also welcome your show of support by contacting the athletic administrators who will be instrumental in this upcoming decision:

Don Kaverman, Athletic Director
(dkaverman@semo.edu)

Southeast Missouri State University
MS 0200

One University Plaza
Cape Girardeau MO 63701

Cindy Gannon, Sr. Women's Administrator
(cmgannon@semo.edu)
Southeast Missouri State University
MS 0200
One University Plaza
Cape Girardeau MO 63701

Lana Richmond
(lrichmond@semo.edu)
Southeast Missouri State University
MS 0200
One University Plaza
Cape Girardeau MO 63701

Thank you again. All your support makes a difference!
Patty Stotzheim
Southeast Missouri State University
Head Women's Gymnastics Coach
Carrie Litzelfelner
Southeast Gymnastics Alumna ('93)