



Illinois State Administrative Committee Chairman's Report Nov-Dec 01-

For the most up to date information Please visit the Illinois Web Page
Region5.com/Illinois 5.com/Illinois

Happy Holidays to All: "May all that brings you hope and gives you peace be yours this holiday season"



- [New Vault Table Apparatus Approved for Use by Women's Jr. Olympic Level 9 and 10 Athletes December 6, 2001](#) - The linked recommendations were made at the recent Jr. Olympic Committee meeting and subsequently approved by USA Gymnastics President Bob Colarossi. The minutes will be posted in their

entirety soon upon final approval.

EFFECTIVE IMMEDIATELY:

- Women's Level 9 and 10 State, Regional and National Championship meets **MUST** provide both the vault table apparatus and conventional horse.
- All other Level 9 & 10 sanctioned meets **MUST** provide the conventional horse and have the **OPTION** to provide the vault table apparatus. Meet information must indicate the equipment to be provided.
- Level 9 & 10 gymnasts will be allowed an **OPTION** to use the new vault table apparatus or the conventional horse at all sanctioned competitions that provide both pieces of apparatus.
- INVITATIONAL competitions **MUST** provide the conventional horse and have the **OPTION** to provide the new vault table apparatus for the Level 9, 10 and Open Division competition only. The information regarding equipment provided must be indicated in the Meet Information.

Please check with the meet director if this information is not published.

- The new vault table is **NOT APPROVED** for Levels 8 and below for the 2001-2002 season.

EFFECTIVE JANUARY 1, 2003:

EFFECTIVE JANUARY 1, 2003, the vault table will be the official, required vault apparatus for Levels 5-10.

- **Professional Member Cards** - At this time USA Gymnastics is unable to print Professional Membership cards. The problem is being investigated & a solution will be determined soon. While this is being worked on, we suggest that you print proof of Membership from the web. You can do this by going into the Renew Your Pro Membership, follow the directions, & when your screen comes up, simply print off this screen. We regret any inconvenience to our members, & will correct the problem as soon as possible.

MARK YOUR CALENDAR

Don't miss the 2002 USA Gymnastics National Congress and U.S. Gymnastics Championships which will include all four disciplines: men, women, rhythmic, and trampolines and tumbling!

August 7-10 • Cleveland, Ohio

U.S. Gymnastics CHAMPIONSHIPS
Cleveland, Ohio August 7-10, 2002

02 USA GYMNASTICS
National Congress
August 7-10, 2002
Cleveland, Ohio

Elizabeth Caden Dear Norbert, I know that Kris Wright told you about a former gymnast from Oak Park and River Forest High School who was killed on Friday. Here is more information about the tragedy and the victim.

Elizabeth Caden was tragically killed in an automobile accident on Friday, November 30th. The car she was riding in was hit head on when a drunk driver drove down an exit ramp and into oncoming traffic. Elizabeth and her roommate from school were killed.

Elizabeth Caden was a graduate of Oak Park and River Forest High School (class of 2000) where she was on the Honor Roll and Dean's List for all four years of high school. Her freshman year she played softball, was on the varsity diving and varsity gymnastics teams. She was a co-captain and co-MVP of varsity gymnastics at OPRF. She also competed for many years in the USAG for Tri-Star Gymnastics in Forest Park, Illinois.

For the past year and a half, Liz attended Miami University in Oxford, Ohio. She played Intramural broomball and competed in club gymnastics - competing in the USAIGC Collegiate Club Nationals in Syracuse, New York this past spring. She was very active in Navy ROTC and had just won a Marine Corps Scholarship. She also sang in the ROTC choir. She was very active in many areas, and was successful and well liked in all of them.

Liz Caden had an unmatched personality, a heart-warming smile, and charm like none other. She made everyone around her better person. Her friends and family know how blessed they were to have known her. The world has lost one of its brightest stars, but she will always be remembered.

Use whatever information you may need from this information. It was written by Kiona Allen, my daughter. Liz Caden was her best friend. Thanks Norbert !

Sincerely, Lynn Allen Tri-Star Gymnastics, Inc.

Justin Toronyi In April, 2001 Justin Toronyi, a 17year old gymnast, from Palmer's Gymnastics, had just realized a long-term goal of qualifying to the Class I Junior Olympic National Championships. If you were every lucky enough to see him train or compete, you would realize he was a gymnastics rising star. Then his fortunes took a terrible turn.

While on the way home from a "practice meet" training session, he was involved in a serious automobile accident. The accident left him paralyzed from the chest-down. He was scheduled to represent Illinois at the National Championship, only six days later.

Now, after a grueling seven months of rehabilitation and physical therapy, he is completing his senior year at Lake Park High School in Roselle, Illinois. And he NEEDS Your HELP. His ongoing medical costs and home-adapting expenses are escalating. That is why a special Fundraising event has been created to benefit the **Justin Toronyi Trust Fund**.

FAMILY FUN FAIR ...Benefits the Justin Toroni Trust Fund

ALL AGES WELCOME

There will be music, dancing, refreshments, inflatable games, obstacle courses, contests, and entertainment. Please plan to attend.

When Friday January 18, 2002

Where Trinity Lutheran Church

405 S. Rush Street

Roselle, IL 60172 630 - 894 - 3263

Also all donations can be sent to:

Justin Toronyi Trust Fund Harris Bank - Roselle 110 E. Irving Park Rd. Roselle, IL 60172

For further information, please contact Yvonne Palmer at (630) 628-0877

Illinois R&P:

- Is done.
 - **Each Club should receive 1 copy in the mail. If you do not receive one by December 15th please contact me.**
 - **CD will be sent to each Pro-Member** (Thanks Jay Murphy Level 5 Chairman)
 - If there is an interest in an additional Copy you can send \$4.00 (shipping included) to Norbert IL-WPC
- Jean Johnson has copies that she will distribute to the Judges.
- The R&P is also on the web site and can be printed from there.
- Sorry this has taken so long but it is an extremely difficult task, plus I was waiting for more complete information from the National Office records for Clubs for the Club Listing

LANYARDS: As stated in a previous newsletter every Pro member, Meet Director, Judge must show and **have visible** their Professional Number Card.

- The State Committee has provided these to you.
- If you did not receive one please send Norbert a
 - Copy of your Card and he will send you one.
 - Or a Copy of the information via the National Site. If you loose your free one a new one can be purchased for \$4.00.

This is a Nation wide rule. Please comply with this rule we did not create the Rule **please** we **ALLLLLLLLLLLLLLL** need to follow it. Thanks!

Region 5 Awards for 2000-2001: Since we did not have a Regional Congress and thus no Banquet we will announce the winners of the coveted Region 5 Awards for 1999-2000 in this newsletter. Congratulations to



JO Athlete of the year

- **Kristina Comforte IGI,**
- **Lindsay Borkan American Academy**
- **Kelsey Erikson Queen City**

Coach of the Year

- **Leonard Isaacs, (American Academy of Gymnastics)**
- **John & Kathryn Geddert (Twistars)**

Rookie Coach of the Year

- **Scott Bellanger (Southern Illinois Gymnastics Academy)**

ATHLETE USAG CARDS: Please continue to informing your Athletes that they will be required to present their Cards at meets and that they need to bring them to meets.
